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#### Level 2

# Japanese food to get UNESCO status

27th October, 2013

http://www.breakingnewsenglish.com/1310/131027-japanese-food-2.html

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Please try Levels 0 and 1 (easier) and the 26-page Level 3 (harder).

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#### THE READING

From http://www.breakingnewsenglish.com/1310/131027-japanese-food-2.html

Traditional Japanese food ('Washoku') will soon be on the United Nations list of important world cuisines. It will be the fifth region to get the UNESCO cultural heritage status. French, Mediterranean, Mexican and Turkish food are already on the list. 'Washoku' is very varied, ranging from sushi to ramen noodles, tempura and *sukiyaki*. Japan's government said all of its food will be on the list, not just famous dishes. It said Japanese food is special because of its artistic presentation. It also uses special ingredients. Many dishes are important because they celebrate the four seasons.

'Washoku' is very healthy and has a good balance of minerals, vitamins, carbohydrates and protein. This is why Japanese people live for so long and are usually slim. Different meals help to bring families and communities together in Japan. Food is part of many ceremonies in seasonal celebrations, such as New Year's Day, rice-planting events and harvest festivals. Japan's government said food helps Japanese people keep a strong sense of culture. It also said 'Washoku' is closely "associated with an essential spirit of respect for nature."

Sources: http://blogs.wsj.com/japanrealtime/2013/10/24/japans-cuisine-set-to-be-deemed-intangible-

cultural-heritage/

http://www.japantimes.co.jp/news/2013/10/23/national/unesco-to-recognize-japanese-food-

culture/#.Umoo6yS2b80

http://the-japan-news.com/news/article/0000742904

## **MATCHING**

From http://www.breakingnewsenglish.com/1310/131027-japanese-food-2.html

#### **PARAGRAPH ONE:**

1.	Traditional	a.	ingredients
----	-------------	----	-------------

7	This less uses associal	~	haritaga atatus
/.	It also uses special	y.	heritage status

### **PARAGRAPH TWO:**

1.	a good balan	ice	a.	sense of culture

2 ca	arbohydra	ites	b.	communities	together
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3.	wny Japanese people live	С.	and protein
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- 4. help to bring families and d. planting events
- 5. rice- e. of minerals
- 6. harvest f. for nature
- 7. keep a strong g. festivals
- 8. respect h. for so long

## **LISTEN AND FILL IN THE GAPS**

From <a href="http://www.breakingnewsenglish.com/1310/131027-japanese-food-2.html">http://www.breakingnewsenglish.com/1310/131027-japanese-food-2.html</a>

Traditional Japanese food ('Washoku') (1)
the United Nations list of important world cuisines. It will be the fifth
region to get the UNESCO (2) status.
French, Mediterranean, Mexican and Turkish food are already on the
list. 'Washoku' (3), ranging from sushi to
ramen noodles, tempura and sukiyaki. Japan's government said all
of its food will be on the list, not (4) It said
Japanese food is special because of its (5)
It also uses special ingredients. Many dishes are important because
they (6) seasons.
'Washoku' is very healthy and (7) of
minerals, vitamins, carbohydrates and protein. This is why Japanese
people live (8) are usually slim. Different
meals (9) and communities together in
Japan. Food is part (10) in seasonal
celebrations, such as New Year's Day, rice-planting events and
harvest festivals. Japan's government said food helps Japanese
people keep (11) culture. It also said
'Washoku' is closely "associated with (12)

# PUT A SLASH ( / )WHERE THE SPACES ARE

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TraditionalJapanesefood('Washoku')willsoonbeontheUnitedNatio nslistofimportantworldcuisines. It will be the fifthregion to get the UNE SCOculturalheritagestatus.French,Mediterranean,MexicanandTu rkishfoodarealreadyonthelist.'Washoku'isveryvaried,rangingfro msushitoramennoodles, tempuraandsukiyaki. Japan's government saidallofitsfoodwillbeonthelist,notjustfamousdishes.ItsaidJapane sefoodisspecialbecauseofitsartisticpresentation. Italsousesspecia lingredients. Many dishes are important because they celebrate the fo urseasons.'Washoku'isveryhealthyandhasagoodbalanceofminera ls, vitamins, carbohydrates and protein. This is why Japanese peopleli veforsolongandareusuallyslim. Different meals help to bring families and communities to gether in Japan. Food is part of many ceremonies in seasonalcelebrations, such as New Year's Day, rice-planting events a ndharvestfestivals.Japan'sgovernmentsaidfoodhelpsJapanesepe oplekeepastrongsenseofculture. Italsosaid 'Washoku'isclosely "ass ociatedwithanessentialspiritofrespectfornature."

# Student A: Do not show these to your speaking partner(s). a) b) c) d) e) f) g) h) Japanese food to get UNESCO status - 27th October, 2013 More free lessons at www.BreakingNewsEnglish.com WRITE QUESTIONS & ASK YOUR PARTNER(S) Student B: Do not show these to your speaking partner(s). a) b) c) d) e) f)

WRITE QUESTIONS & ASK YOUR PARTNER(S)

g)

h)

## **WRITING**

 $From \ \ \, \underline{http://www.breakingnewsenglish.com/1310/131027\text{-}japanese\text{-}food\text{-}2.html} \\$ 

Write about <b>Japanese food</b> for 10 minutes. Comment on your partner's paper.				