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## **Level 2**

### **Nearly 1 billion obese people in developing world**

**5th January, 2014**

<http://www.breakingnewsenglish.com/1401/140105-developing-world-2.html>

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**Please try Levels 0 and 1 (easier) and the 26–page Level 3 (harder).**

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# THE READING

From <http://www.breakingnewsenglish.com/1401/140105-developing-world-2.html>

There are about a billion obese adults in the developing world. There were 250 million in 1980. The number has almost quadrupled in 35 years. A report from an overseas development group said 30% of people are overweight. The group said governments should change what people eat. People are fatter because they have more money and eat more fast food. They are eating less traditional, healthier food. A report author said: "Changes in lifestyle, the increasing availability of processed foods, and advertising have all led to dietary changes."

It's not all bad news. Denmark and South Korea have done a lot to manage the obesity problem. Denmark has laws against some fats. Restaurants and food companies must be very careful about how they cook their food. South Korea warned its people about the dangers of obesity. A few decades ago Korea's government told people to eat traditional Korean food. This is low in fats and oils, high in vegetables, and has a lot of sea food. There was a lot of public education and a lot of training. Koreans now understand that Korean food is good for them.

Sources: <http://www.bbc.co.uk/news/health-25576400>  
<http://www.theguardian.com/global-development/2014/jan/03/obesity-soars-alarming-levels-developing-countries>  
<http://news.sky.com/story/1189686/obesity-rates-triple-in-developing-world>

# MATCHING

From <http://www.breakingnewsenglish.com/1401/140105-developing-world-2.html>

## PARAGRAPH ONE:

- |                              |                          |
|------------------------------|--------------------------|
| 1. a billion obese           | a. they have more money  |
| 2. There were 250            | b. healthier food        |
| 3. The number has almost     | c. in lifestyle          |
| 4. 30% of                    | d. million in 1980       |
| 5. People are fatter because | e. foods                 |
| 6. eating less traditional,  | f. adults                |
| 7. Changes                   | g. quadrupled            |
| 8. processed                 | h. people are overweight |

## PARAGRAPH TWO:

- |                         |                        |
|-------------------------|------------------------|
| 1. It's not all         | a. education           |
| 2. done a lot to manage | b. against some fats   |
| 3. Denmark has laws     | c. ago                 |
| 4. food companies must  | d. bad news            |
| 5. A few decades        | e. good for them       |
| 6. This is low          | f. the obesity problem |
| 7. public               | g. in fats             |
| 8. Korean food is       | h. be very careful     |

# LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1401/140105-developing-world-2.html>

There are about a (1) \_\_\_\_\_ in the developing world. There were 250 million in 1980. The number has almost (2) \_\_\_\_\_ years. A report from an overseas development group said 30% of (3) \_\_\_\_\_. The group said governments should change what people eat. People are fatter because they have more money and (4) \_\_\_\_\_. They are eating less traditional, healthier food. A report author said: "(5) \_\_\_\_\_, the increasing availability (6) \_\_\_\_\_, and advertising have all led to dietary changes."

It's not all bad news. Denmark and South Korea (7) \_\_\_\_\_ manage the obesity problem. Denmark has laws (8) \_\_\_\_\_. Restaurants and food companies must be very careful about how they cook their food. South Korea warned its people about the (9) \_\_\_\_\_. A few decades ago Korea's government told people to eat traditional Korean food. (10) \_\_\_\_\_ fats and oils, high in vegetables, and has (11) \_\_\_\_\_. There was a lot of public education and a lot of training. Koreans now understand that Korean food (12) \_\_\_\_\_.

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From <http://www.breakingnewsenglish.com/1401/140105-developing-world-2.html>

There are about a billion obese adults in the developing world. There were 250 million in 1980. The number has almost quadrupled in 35 years. A report from an overseas development group said 30% of people are overweight. The group said governments should change what people eat. People are fatter because they have more money and eat more fast food. They are eating less traditional, healthier food. A report authors said: "Changes in lifestyle, the increasing availability of processed foods, and advertising have all led to dietary changes." It's not all bad news. Denmark and South Korea have done a lot to manage the obesity problem. Denmark has laws against some fats. Restaurants and food companies must be very careful about how they cook their food. South Korea warned its people about the dangers of obesity. A few decades ago Korea's government told people to eat traditional Korean food. This is low in fats and oils, high in vegetables, and has a lot of seafood. There was a lot of public education and a lot of training. Koreans now understand that Korean food is good for them.

## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a)

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b)

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c)

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d)

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e)

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f)

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g)

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h)

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*Nearly 1 billion obese people in developing world – 5th January, 2014*  
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## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a)

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b)

---

c)

---

d)

---

e)

---

f)

---

g)

---

h)

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