

www.**Breaking News English**.com

Ready-to-Use English Lessons by Sean Banville

**"1,000 IDEAS & ACTIVITIES
FOR LANGUAGE TEACHERS"**

www.breakingnewsenglish.com/book.html

**Thousands more free lessons
from Sean's other websites**

www.freeeslmaterials.com/sean_banville_lessons.html

Level 4

School lets students start lessons after lunch

13th May, 2014

<http://www.breakingnewsenglish.com/1405/140513-teenagers-4.html>



Contents

The Reading	2
Matching	3
Listening Gap Fill	4
Survey	5
Discussion	6
Writing	7

Please try the harder Level 5 and the 26-page Level 6 (harder).

Twitter



twitter.com/SeanBanville

Facebook



www.facebook.com/pages/BreakingNewsEnglish/155625444452176

Google +



<https://plus.google.com/+SeanBanville>

THE READING

From <http://www.breakingnewsenglish.com/1405/140513-teenagers-4.html>

A school in England will soon use a 1.30 to 7pm timetable so students can sleep in the mornings. The school will be the only one in Britain to do this. The head teacher said the new hours should help students get higher grades. He said research shows that student productivity increases if they can sleep in the mornings. He added: "We want to get students into an environment where they can get quality sleep and their bodies are functioning well."

Oxford University researcher Dr Paul Kelley said an alarm clock doesn't help people work better. He said: "You can't train your system to get up at a practical time." He said people become ill if they try and change their body's natural, biological rhythm because they have no control over things like their heartbeat. A student at the school liked the idea. He said students are tired all day, "but as soon as 10 o'clock hits, that's when we...do all our work".

Sources: <http://www.mirror.co.uk/news/uk-news/hampton-court-house-private-15k-a-year-3516750#ixzz31NqE6C9O>
<http://news.sky.com/story/1259077/sixth-formers-given-stress-free-late-start>
<http://www.telegraph.co.uk/education/educationnews/10818678/School-introduces-no-mornings-policy-for-tired-teenagers.html>

MATCHING

From <http://www.breakingnewsenglish.com/1405/140513-teenagers-4.html>

PARAGRAPH ONE:

- | | |
|----------------------------------|----------------------|
| 1. a 1.30 to 7pm | a. get quality sleep |
| 2. the only one in Britain | b. higher grades |
| 3. help students get | c. functioning well |
| 4. student productivity | d. timetable |
| 5. an environment where they can | e. increases |
| 6. their bodies are | f. to do this |

PARAGRAPH TWO:

- | | |
|--------------------|--------------------|
| 1. alarm | a. rhythm |
| 2. help people | b. your system |
| 3. You can't train | c. clock |
| 4. get up at a | d. do all our work |
| 5. biological | e. practical time |
| 6. that's when we | f. work better |

LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1405/140513-teenagers-4.html>

A school in England (1) _____ 1.30 to 7pm timetable so students can sleep in the mornings. The school will be the only one in Britain to do this. The head teacher (2) _____ should help students get higher grades. He said (3) _____ student productivity increases if they can sleep (4) _____. He added: "We want to get students into an environment where they (5) _____ and their bodies (6) _____."

Oxford University researcher Dr Paul Kelley (7) _____ doesn't help people work better. He said: "You can't train your system to get up (8) _____." He said people become ill if they try and change (9) _____, biological rhythm because they have no (10) _____ their heartbeat. A student at the school liked the idea. He said students (11) _____, "but as soon as 10 o'clock hits, that's when (12) _____".

TEENAGERS SURVEY

From <http://www.breakingnewsenglish.com/1405/140513-teenagers-4.html>

Write five GOOD questions about teenagers in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

- a) _____
- b) _____
- c) _____
- d) _____
- e) _____
- f) _____
- g) _____
- h) _____

School lets students start lessons after lunch – 13th May, 2014
More free lessons at www.BreakingNewsEnglish.com

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

- a) _____
- b) _____
- c) _____
- d) _____
- e) _____
- f) _____
- g) _____
- h) _____

