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## **Level 5**

### **Fist bumps more hygienic than handshakes**

**30th July, 2014**

<http://www.breakingnewsenglish.com/1407/140730-fist-bumps.html>

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**Please try Level 4 (easier) and the 26-page Level 6 (harder).**

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# THE READING

From <http://www.breakingnewsenglish.com/1407/140730-fist-bumps.html>

A new and alternative way of greeting and showing respect has been found to be more hygienic than shaking hands. Sports players do it after a teammate scores. Rock stars and actors do it onstage at awards ceremonies. U.S. President Barack Obama does it. It's fist bumping - like a high five, except the hand is closed into a ball and the other person's fist is nudged, knuckles to knuckles. Researchers in Wales have discovered that this twenty-first-century greeting spreads one-twentieth of the germs than a handshake does and around one-tenth of the germs in a high five.

The fist bump started with American motorcycle gangs in the 1940s. It was easier and safer to fist bump than to shake hands when two riders were side by side. It got global exposure in 2008 when President Obama and his wife Michelle fist bumped during a televised presidential campaign speech. There is less skin contact during a fist bump so there is less chance of spreading germs. A researcher said: "People rarely think about the health implications of shaking hands, but...there is a genuine potential to reduce the spread of infectious diseases.

Sources: <http://www.dailymail.co.uk/wires/ap/article-2707563/Fist-bumps-germy-handshakes-study-says.html#ixzz38jKgLxOM>  
<http://www.theaustralian.com.au/news/world/fist-bump-is-the-cleanest-and-coolest-greeting-say-germ-researchers/story-fnb64oi6-1227004283151?nk=55de803b45b5dbd6b932106def38e4f1>  
[http://en.wikipedia.org/wiki/Fist\\_bump](http://en.wikipedia.org/wiki/Fist_bump)

# MATCHING

From <http://www.breakingnewsenglish.com/1407/140730-fist-bumps.html>

## PARAGRAPH ONE:

- |                            |                     |
|----------------------------|---------------------|
| 1. A new and alternative   | a. is nudged        |
| 2. more hygienic than      | b. ceremonies       |
| 3. awards                  | c. century greeting |
| 4. the hand is closed      | d. of the germs     |
| 5. the other person's fist | e. way of greeting  |
| 6. this twenty-first-      | f. tenth            |
| 7. one-twentieth           | g. shaking hands    |
| 8. around one              | h. into a ball      |

## PARAGRAPH TWO:

- |   |                       |
|---|-----------------------|
| 1. motorcycle                           | a. side by side       |
| 2. It was easier                        | b. implications       |
| 3. when two riders were                 | c. exposure           |
| 4. It got global                        | d. of spreading germs |
| 5. during a televised presidential      | e. gangs              |
| 6. there is less chance                 | f. diseases           |
| 7. People rarely think about the health | g. and safer          |
| 8. the spread of infectious             | h. campaign speech    |

# LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1407/140730-fist-bumps.html>

A new (1) \_\_\_\_\_ greeting and showing respect has been found to be more hygienic than shaking hands. Sports players do it after a teammate scores. Rock stars and actors (2) \_\_\_\_\_ awards ceremonies. U.S. President Barack Obama does it. It's fist bumping - like a high five, (3) \_\_\_\_\_ closed into a ball and the other person's fist is nudged, (4) \_\_\_\_\_. Researchers in Wales have discovered that this twenty-first-century greeting (5) \_\_\_\_\_ of the germs than a handshake does and (6) \_\_\_\_\_ the germs in a high five.

The fist bump started with American (7) \_\_\_\_\_ the 1940s. It was easier and safer to fist bump than to shake (8) \_\_\_\_\_ were side by side. It got global exposure in 2008 when President Obama and his wife Michelle fist bumped (9) \_\_\_\_\_ presidential campaign speech. There is less skin contact during a fist bump so there is less chance (10) \_\_\_\_\_. A researcher said: "People rarely think about the (11) \_\_\_\_\_ shaking hands, but...there is a genuine potential to reduce the spread (12) \_\_\_\_\_.

# SHAKING HANDS SURVEY

From <http://www.breakingnewsenglish.com/1407/140730-fist-bumps.html>

Write five GOOD questions about shaking hands in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

# WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

- a) \_\_\_\_\_
- b) \_\_\_\_\_
- c) \_\_\_\_\_
- d) \_\_\_\_\_
- e) \_\_\_\_\_
- f) \_\_\_\_\_
- g) \_\_\_\_\_
- h) \_\_\_\_\_

*Fist bumps more hygienic than handshakes – 30th July, 2014*  
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# WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

- a) \_\_\_\_\_
- b) \_\_\_\_\_
- c) \_\_\_\_\_
- d) \_\_\_\_\_
- e) \_\_\_\_\_
- f) \_\_\_\_\_
- g) \_\_\_\_\_
- h) \_\_\_\_\_

