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Level 0

Hip-hop can help mental illness

13th November, 2014

<http://www.breakingnewsenglish.com/1411/141113-hip-hop-0.html>

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Please try Levels 1, 2 and 3. They are (a little) harder.

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THE READING

From <http://www.breakingnewsenglish.com/1411/141113-hip-hop-0.html>

Doctors say hip-hop can help depressed people. 'Hip-hop therapy' talks to people with emotional problems. Doctors say hip-hop speaks of getting over big difficulties in life. Hip-hop talks about being poor and unpopular. It talks about crime and drugs. These are big problems.

Hip-hop artists speak about their world. They want to be free. There is hope in the words. They want a good life with nice cars. They want to date who they want. The doctors chose five songs. One is by The Notorious BIG. He tells people they can be successful. His teachers told him he would be nothing. He is now a superstar.

Sources: <http://www.telegraph.co.uk/science/science-news/11221425/Hip-hop-could-help-with-depression-and-mental-illness-says-Cambridge-University.html>
<http://medicalxpress.com/news/2014-11-hip-psych-aims-tackle-mental.html>

VOCABULARY MATCHING

From <http://www.breakingnewsenglish.com/1411/141113-hip-hop-0.html>

PARAGRAPH ONE:

- | | |
|----------------------------------|---------------------|
| 1. Doctors say hip-hop can | a. in life |
| 2. depressed | b. drugs |
| 3. 'Hip-hop | c. people |
| 4. people with emotional | d. poor |
| 5. getting over big difficulties | e. therapy' |
| 6. talks about being | f. problems |
| 7. crime and | g. are big problems |
| 8. These | h. help |

PARAGRAPH TWO:

- | | |
|-----------------------------|------------------|
| 1. Hip-hop | a. a good life |
| 2. speak about | b. be free |
| 3. They want to | c. a superstar |
| 4. There is hope | d. be successful |
| 5. They want | e. in the words |
| 6. They want to date | f. artists |
| 7. He tells people they can | g. who they want |
| 8. He is now | h. their world |

LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1411/141113-hip-hop-0.html>

Doctors say hip-hop can (1) _____ . 'Hip-hop

therapy' (2) _____ with emotional problems.

Doctors (3) _____ of getting over big difficulties

in life. Hip-hop (4) _____ poor and unpopular.

It talks about crime and drugs. These

(5) _____ .

Hip-hop (6) _____ their world. They want to be

free. There is (7) _____ . They want a good life

with nice cars. They (8) _____ they want. The

doctors chose five songs. One is by The Notorious BIG. He tells

people they (9) _____ . His teachers told him he

would be nothing. He (10) _____ .

PUT A SLASH (/) WHERE THE SPACES ARE

From <http://www.breakingnewsenglish.com/1411/141113-hip-hop-0.html>

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helps people with emotional problems. Doctors say hip-hop helps
people get over big difficulties in life. Hip-hop talks about being poor
and unpopular. It talks about crime and drugs. These are big problems. Hip-
hop artists speak about their world. They want to be free. There is
hip-hop in the words. They want a good life with nice cars. They want to date
who they want. The doctor chose five songs. One is by The Notorious B.I.G. He
tells people they can be successful. His teacher told him he would be
nothing. He is now a superstar.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

WRITING

From <http://www.breakingnewsenglish.com/1411/141113-hip-hop-0.html>

Write about **hip-hop** for 10 minutes. Read and talk about your partner's paper.
