

www.**Breaking News English**.com

Ready-to-Use English Lessons by Sean Banville

**"1,000 IDEAS & ACTIVITIES
FOR LANGUAGE TEACHERS"**

www.breakingnewsenglish.com/book.html

**Thousands more free lessons
from Sean's other websites**

www.freematerials.com/sean_banville_lessons.html

Level 5

Students do not shower after sports class

18th January, 2015

<http://www.breakingnewsenglish.com/1501/150118-showering-5.html>

Contents

The Reading	2
Matching	3
Listening Gap Fill	4
Survey	5
Discussion	6
Writing	7

Please try Level 4 (easier) and the 26-page Level 6 (harder).

Twitter



twitter.com/SeanBanville

Facebook



www.facebook.com/pages/BreakingNewsEnglish/155625444452176

Google +



<https://plus.google.com/+SeanBanville>

THE READING

From <http://www.breakingnewsenglish.com/1501/150118-showering-5.html>

A report found that over half of high school boys and two-thirds of girls never shower after sports at school. Researchers suggest students don't want to sweat and take a shower, so they are less active. The researchers questioned almost 4,000 children. Lead researcher Dr Gavin Sandercock said he was surprised at how rarely students showered. He said children's fitness levels were declining because of less exercise. He said: "If the unwillingness to shower is a barrier to working up a sweat or playing sport, it's something we need to tackle to promote activity at schools."

The BBC says the study did not look at the exact reasons why students do not shower. Other studies say the fear of bullying and humiliation may be behind the reason. Undressing in front of others may be too much for some children. A spokeswoman for a health organisation in England said many children worried about their body image. She said schools needed to do something about this: "Schools...have a role to play in shifting attitudes so that physical activity, and what comes with it, like sweating and the need for showering, is encouraged and accommodated," she said.

Sources: <http://www.bbc.com/news/health-30796304>

<http://www.mirror.co.uk/news/uk-news/half-secondary-school-boys-two-thirds-4993811>

MATCHING

From <http://www.breakingnewsenglish.com/1501/150118-showering-5.html>

PARAGRAPH ONE:

- | | |
|---------------------------|-----------------------------|
| 1. two- | a. rarely students showered |
| 2. they are less | b. at schools |
| 3. researchers questioned | c. to shower |
| 4. surprised at how | d. thirds of girls |
| 5. children's fitness | e. up a sweat |
| 6. the unwillingness | f. almost 4,000 children |
| 7. a barrier to working | g. active |
| 8. promote activity | h. levels were declining |

PARAGRAPH TWO:

- | | |
|---|---------------------------|
| 1. the study did not look at the exact | a. health organisation |
| 2. the fear of bullying | b. encouraged |
| 3. Undressing in front of others may be too | c. to play |
| 4. A spokeswoman for a | d. attitudes |
| 5. children worried about their body | e. reasons why |
| 6. Schools have a role | f. much for some children |
| 7. shifting | g. and humiliation |
| 8. the need for showering is | h. image |

LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1501/150118-showering-5.html>

A report found (1) _____ high school boys and two-thirds of girls never shower (2) _____ school. Researchers suggest students don't want to sweat and take a shower, (3) _____ active. The researchers questioned almost 4,000 children. Lead researcher Dr Gavin Sandercock said he (4) _____ how rarely students showered. He said children's fitness (5) _____ because of less exercise. He said: "If the unwillingness to shower is a barrier to working up a sweat or playing sport, it's something (6) _____ to promote activity at schools."

The BBC says the study did not (7) _____ reasons why students do not shower. Other studies (8) _____ bullying and humiliation may be behind the reason. Undressing in front of others may (9) _____ children. A spokeswoman for a health organisation in England said many children worried (10) _____. She said schools needed to do something about this: "Schools...have (11) _____ shifting attitudes so that physical activity, and (12) _____, like sweating and the need for showering, is encouraged and accommodated," she said.

SHOWERING SURVEY

From <http://www.breakingnewsenglish.com/1501/150118-showering-5.html>

Write five GOOD questions about showering in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a)

b)

c)

d)

e)

f)

g)

h)

School students do not shower after sports class – 18th January, 2015
More free lessons at www.BreakingNewsEnglish.com

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a)

b)

c)

d)

e)

f)

g)

h)

