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**Level 6 – 8th August, 2018**

## People get surgery to look like Snapchat filters

**FREE online quizzes, mp3 listening and more for this lesson here:**

<https://breakingnewsenglish.com/1808/180808-snapchat-dysmorphia.html>

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**Please try Levels 4 and 5 (they are easier).**

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# THE ARTICLE

From <https://breakingnewsenglish.com/1808/180808-snapchat-dysmorphia.html>

Cosmetic surgeons in the USA are reporting a disturbing increase in the number of patients seeking and having facial procedures to look like their Snapchat selfies. The surgeons have termed this alarming new trend "Snapchat dysmorphia". This term derives from the condition body dysmorphic disorder - a mental disorder where the sufferer is obsessed with the idea that part of their body or appearance is severely flawed and in need of drastic measures to fix it. The surgeons described the condition in the journal Facial Plastic Surgery. They wrote that 55 per cent of plastic surgeons reported an increase in the number of patients wanting alterations to their face to look like they do after using Snapchat filters.

Snapchat and other social media apps provide filters to allow people to "enhance" photos of their face to look "cuter". The professors say this is fuelling an obsession among younger people, especially teenage girls and women, with the "perfect" face. Doctors say many of the requests are physically impossible to perform surgically. They wrote: "This is an alarming trend because those filtered selfies often present an unattainable look and are blurring the line of reality and fantasy for these patients." They added: "The pervasiveness of these filtered images can take a toll on one's self-esteem." The most common procedures being requested include thinner noses, wider eyes and fuller lips.

Sources: <https://www.newsweek.com/more-people-look-better-selfies-1057713>  
<https://www.cnet.com/news/snapchat-dysmorphia-has-social-media-users-seeking-plastic-surgery/>  
<https://www.cosmopolitan.com.au/health-fitness/snapchat-filter-plastic-surgery-27727>

# WARM-UPS

**1. COSMETIC SURGERY:** Students walk around the class and talk to other students about cosmetic surgery. Change partners often and share your findings.

**2. CHAT:** In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

cosmetic surgery / increase / patients / selfies / mental disorder / alterations / filters / social media / professors / teenage / impossible / alarming / reality / fantasy / lips

Have a chat about the topics you liked. Change topics and partners frequently.

**3. BANNED:** Students A **strongly** believe plastic surgery should be banned; Students B **strongly** believe otherwise. Change partners again and talk about your conversations.

**4. PLASTIC SURGERY:** Is it OK for these people to have plastic surgery? Why/Why not? Complete this table with your partner(s). Change partners often and share what you wrote.

People...	Is it OK?	Why (not)?
with Snapchat dysmorphia		
with birth defects		
with scars		
who had traffic accidents		
who need a new identity		
who are rich		

**5. PATIENTS:** Spend one minute writing down all of the different words you associate with the word "patients". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

**6. SURGERY TYPE:** Rank these with your partner. Put the least harmful types of cosmetic surgery at the top. Change partners often and share your rankings.

- hair transplants
- Botox
- liposuction
- lip enhancement
- nose jobs
- eye widening
- face lift
- tummy tuck

# VOCABULARY MATCHING

## Paragraph 1

- |                |   |
|----------------|---|
| 1. surgeons    | a. Changes.   |
| 2. disturbing  | b. A surgical operation.  |
| 3. procedures  | c. Gets something from somewhere.   |
| 4. trend       | d. A medical doctor who is qualified to perform operations.   |
| 5. derives     | e. Thinking about something so much that it upsets your life and may dominate and control your actions. |
| 6. obsessed    | f. Causing anxiety; worrying.   |
| 7. alterations | g. A topic that is the subject of many posts on a social media website within a short period of time.   |

## Paragraph 2

- |                  |  |
|------------------|--|
| 8. enhance       | h. Not able to be reached or achieved.   |
| 9. fuelling      | i. Making or becoming unclear or less distinct.  |
| 10. perform      | j. Confidence in one's own worth or abilities; self-respect.                               |
| 11. unattainable | k. Adding to passion, argument, or other emotion or activity.                              |
| 12. blurring     | l. An idea with no basis in reality.   |
| 13. fantasy      | m. Carry out, accomplish, or fulfill an action, task, or function.                         |
| 14. self-esteem  | n. Make stronger, increase, or further improve the quality, value, or extent of something. |

# BEFORE READING / LISTENING

From <https://breakingnewsenglish.com/1808/180808-snapchat-dysmorphia.html>

**1. TRUE / FALSE:** Read the headline. Guess if a-h below are true (T) or false (F).

- a. Doctors in the UK said more people are having plastic surgery. **T / F**
- b. Surgeons said more people are having facial procedures. **T / F**
- c. The article described a condition in which people disliked their body. **T / F**
- d. Many people want surgery to look like their Snapchat selfies. **T / F**
- e. A professor said teenage girls are becoming obsessed with their looks. **T / F**
- f. Doctors say it is possible for surgery to create all of the selfie looks. **T / F**
- g. Doctors say selfies are a great way of raising self-esteem. **T / F**
- h. A doctor said the most common operation requested is a hair transplant. **T / F**

## 2. SYNONYM MATCH:

Match the following synonyms. The words in **bold** are from the news article.

- |                         |               |
|-------------------------|---------------|
| <b>1. disturbing</b>    | a. carry out  |
| <b>2. procedures</b>    | b. imperfect  |
| <b>3. termed</b>        | c. prevalence |
| <b>4. flawed</b>        | d. changes    |
| <b>5. alterations</b>   | e. operations |
| <b>6. fuelling</b>      | f. impossible |
| <b>7. perform</b>       | g. worrying   |
| <b>8. unattainable</b>  | h. confidence |
| <b>9. pervasiveness</b> | i. called     |
| <b>10. self-esteem</b>  | j. feeding    |

**3. PHRASE MATCH:** (Sometimes more than one choice is possible.)

- |  |                              |
|--|------------------------------|
| 1. a disturbing increase in the        | a. self-esteem               |
| 2. facial                              | b. flawed                    |
| 3. a mental                            | c. impossible                |
| 4. severely                            | d. alterations to their face |
| 5. patients wanting                    | e. procedures                |
| 6. "enhance" photos of their face      | f. and fantasy               |
| 7. many of the requests are physically | g. and fuller lips           |
| 8. blurring the line of reality        | h. number of patients        |
| 9. take a toll on one's                | i. to look "cuter"           |
| 10. wider eyes                         | j. disorder                  |

# GAP FILL

From <https://breakingnewsenglish.com/1808/180808-snapchat-dysmorphia.html>

Cosmetic surgeons in the USA are reporting a (1) \_\_\_\_\_ increase in the number of patients seeking and having (2) \_\_\_\_\_ procedures to look like their Snapchat selfies. The surgeons have termed this alarming new (3) \_\_\_\_\_ "Snapchat dysmorphia". This term derives from the condition body dysmorphic disorder - a (4) \_\_\_\_\_ disorder where the sufferer is obsessed with the idea that part of their body or appearance is (5) \_\_\_\_\_ flawed and in need of drastic measures to fix it. The surgeons described the (6) \_\_\_\_\_ in the journal Facial Plastic Surgery. They wrote that 55 per cent of plastic surgeons reported an increase in the (7) \_\_\_\_\_ of patients wanting alterations to their face to look like they do after using Snapchat (8) \_\_\_\_\_.

*trend*  
*disturbing*  
*number*  
*severely*  
*filters*  
*facial*  
*condition*  
*mental*

Snapchat and other social media apps provide filters to (9) \_\_\_\_\_ people to "enhance" photos of their face to look "cuter". The professors say this is (10) \_\_\_\_\_ an obsession among younger people, especially teenage girls and women, with the "perfect" face. Doctors say many of the (11) \_\_\_\_\_ are physically impossible to (12) \_\_\_\_\_ surgically. They wrote: "This is an alarming trend because those (13) \_\_\_\_\_ selfies often present an unattainable look and are blurring the line of reality and (14) \_\_\_\_\_ for these patients." They added: "The pervasiveness of these filtered images can take a (15) \_\_\_\_\_ on one's self-esteem." The most common procedures being requested include thinner noses, wider eyes and (16) \_\_\_\_\_ lips.

*perform*  
*fuelling*  
*toll*  
*filtered*  
*fuller*  
*requests*  
*allow*  
*fantasy*

# LISTENING – Guess the answers. Listen to check.

From <https://breakingnewsenglish.com/1808/180808-snapchat-dysmorphia.html>

- 1) a disturbing increase in the number of patients seeking and having \_\_\_\_\_
  - a. farcical procedures
  - b. facials procedures
  - c. facial procedures
  - d. facially procedures
- 2) The surgeons have termed this alarming \_\_\_\_\_ "Snapchat dysmorphia"
  - a. new trends
  - b. new trendy
  - c. new trend
  - d. new trending
- 3) the condition body dysmorphic disorder - a mental disorder where the \_\_\_\_\_
  - a. sufferer is obsess
  - b. sufferer is obsessed
  - c. sufferer is obsession
  - d. sufferer is obsessively
- 4) part of their body or appearance is severely flawed and in need of \_\_\_\_\_
  - a. plastic measures
  - b. dross tick measures
  - c. drat stick measures
  - d. drastic measures
- 5) plastic surgeons reported an increase in the number of patients \_\_\_\_\_
  - a. wanton alterations
  - b. wanting alterations
  - c. want in alterations
  - d. one thing alterations
- 6) Snapchat and other social media apps provide filters to allow people \_\_\_\_\_
  - a. to "enhance" photos
  - b. to "enhanced" photos
  - c. to "enhances" photos
  - d. to "enhancing" photos
- 7) The professors say this is \_\_\_\_\_ obsession
  - a. fuel in an
  - b. fooling an
  - c. few ling an
  - d. fuelling an
- 8) Doctors say many of the requests are physically impossible \_\_\_\_\_ surgically
  - a. too perform
  - b. two perform
  - c. to perform
  - d. thru perform
- 9) filtered selfies often present an unattainable look and are blurring the line of \_\_\_\_\_
  - a. reality and fantastic
  - b. realty and fantasy
  - c. realty and fan tasty
  - d. reality and fantasy
- 10) The pervasiveness of these filtered images can take a toll on \_\_\_\_\_
  - a. one's self steam
  - b. once self-esteem
  - c. one is self a steam
  - d. one's self-esteem

# LISTENING – Listen and fill in the gaps

From <https://breakingnewsenglish.com/1808/180808-snapchat-dysmorphia.html>

Cosmetic surgeons in the USA are reporting (1) \_\_\_\_\_ in the number of patients seeking and having facial procedures to look like their Snapchat selfies. The surgeons have (2) \_\_\_\_\_ new trend "Snapchat dysmorphia". This (3) \_\_\_\_\_ the condition body dysmorphic disorder - a mental disorder where the sufferer is obsessed with the idea that part of their body or appearance (4) \_\_\_\_\_ and in need of drastic measures (5) \_\_\_\_\_. The surgeons described the condition in the journal Facial Plastic Surgery. They wrote that 55 per cent of plastic surgeons reported an increase in the number of patients wanting (6) \_\_\_\_\_ face to look like they do after using Snapchat filters.

Snapchat and other social media apps provide (7) \_\_\_\_\_ people to "enhance" photos of their face to look "cuter". The professors say this is (8) \_\_\_\_\_ among younger people, especially teenage girls and women, with the "perfect" face. Doctors say many of the requests are physically impossible (9) \_\_\_\_\_. They wrote: "This is an alarming trend because those filtered selfies often present an unattainable look and are (10) \_\_\_\_\_ of reality and fantasy for these patients." They added: "The pervasiveness of these filtered images can take a toll on (11) \_\_\_\_\_." The most common procedures being requested include thinner noses, wider eyes (12) \_\_\_\_\_.



# COMPREHENSION QUESTIONS

From <https://breakingnewsenglish.com/1808/180808-snapchat-dysmorphia.html>

1. What are more people requesting?
2. Who coined the condition "Snapchat dysmorphia"?
3. What do people with body dysmorphic disorder think their body is?
4. What is the name of the journal the research is published in?
5. What percentage of plastic surgeons reported an increase?
6. What do social media apps allow users to look?
7. What are teenage girls becoming obsessed with?
8. What line did a doctor say the filters blurred?
9. What can the filters take a toll on?
10. What kind of lips are people trying to get?

# MULTIPLE CHOICE - QUIZ

From <https://breakingnewsenglish.com/1808/180808-snapchat-dysmorphia.html>

- 1) What are more people requesting?
  - a) hair transplants
  - b) facial procedures
  - c) tummy tucks
  - d) liposuction
- 2) Who coined the condition "Snapchat dysmorphia"?
  - a) a magazine editor
  - b) a journal
  - c) surgeons
  - d) a patient
- 3) What do people with body dysmorphic disorder think their body is?
  - a) too big
  - b) cute
  - c) ugly
  - d) severely flawed
- 4) What is the name of the journal the research is published in?
  - a) Dysmorphia Surgery
  - b) Facial Plastic Surgery
  - c) Dysmorphia News
  - d) Facial Dysmorphia
- 5) What percentage of plastic surgeons reported an increase?
  - a) 55%
  - b) 56%
  - c) 54%
  - d) 57%
- 6) What do social media apps allow users to look?
  - a) cuter
  - b) cooler
  - c) thinner
  - d) better
- 7) What are teenage girls becoming obsessed with?
  - a) apps
  - b) their smart phone
  - c) their skin
  - d) the perfect face
- 8) What line did a doctor say the filters blurred?
  - a) apps and reality
  - b) beauty and normality
  - c) reality and fantasy
  - d) fantasy and fact
- 9) What can the filters take a toll on?
  - a) bells
  - b) skin condition
  - c) phone bills
  - d) self-esteem
- 10) What kind of lips are people trying to get?
  - a) red lips
  - b) fuller lips
  - c) big lips
  - d) thinner lips

# ROLE PLAY

From <https://breakingnewsenglish.com/1808/180808-snapchat-dysmorphia.html>

## **Role A – Hair Transplants**

You think hair transplants are the least harmful type of cosmetic surgery. Tell the others three reasons why. Tell them what is wrong with their procedures. Also, tell the others which is the worst of these (and why): liposuction, nose jobs or face lifts.

## **Role B – Liposuction**

You think liposuction is the least harmful type of cosmetic surgery. Tell the others three reasons why. Tell them what is wrong with their procedures. Also, tell the others which is the worst of these (and why): hair transplants, nose jobs or face lifts.

## **Role C – Nose Jobs**

You think nose jobs is the least harmful type of cosmetic surgery. Tell the others three reasons why. Tell them what is wrong with their procedures. Also, tell the others which is the worst of these (and why): liposuction, hair transplants or face lifts.

## **Role D – Face Lifts**

You think face lifts are the least harmful type of cosmetic surgery. Tell the others three reasons why. Tell them what is wrong with their procedures. Also, tell the others which is the worst of these (and why): liposuction, nose jobs or hair transplants.

# AFTER READING / LISTENING

From <https://breakingnewsenglish.com/1808/180808-snapchat-dysmorphia.html>

**1. WORD SEARCH:** Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'cosmetic' and 'surgeon'.

<b>cosmetic</b>	<b>surgeon</b>
-----------------	----------------

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

**2. ARTICLE QUESTIONS:** Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

**3. GAP FILL:** In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

**4. VOCABULARY:** Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

**5. TEST EACH OTHER:** Look at the words below. With your partner, try to recall how they were used in the text:

<ul style="list-style-type: none"><li>• number</li><li>• trend</li><li>• mental</li><li>• body</li><li>• journal</li><li>• alterations</li></ul>	<ul style="list-style-type: none"><li>• provide</li><li>• obsession</li><li>• present</li><li>• fantasy</li><li>• toll</li><li>• lips</li></ul>
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# COSMETIC SURGERY SURVEY

From <https://breakingnewsenglish.com/1808/180808-snapchat-dysmorphia.html>

Write five GOOD questions about cosmetic surgery in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

# **COSMETIC SURGERY DISCUSSION**

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'surgery'?
3. What do you think of selfies?
4. Are you happy with your appearance?
5. What do you think of filters on apps like Snapchat?
6. What do you think of photos of yourself?
7. What do you think of cosmetic surgery?
8. How troubling is it that young people want to look like enhanced selfies?
9. Why is there so much emphasis on looks?
10. What advice do you have for someone with Snapchat dysmorphia?

*People get surgery to look like Snapchat filters – 8th August, 2018*  
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# **COSMETIC SURGERY DISCUSSION**

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'selfie'?
13. What do you think about what you read?
14. How can we end this obsession with looks?
15. Is there any part of your body or face you would like to change?
16. Is social media harmful?
17. How can we raise self-esteem in young people?
18. Would you date someone who had cosmetic surgery?
19. Should cosmetic surgery be banned?
20. What questions would you like to ask the doctors?

## **DISCUSSION (Write your own questions)**

STUDENT A's QUESTIONS (Do not show these to student B)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

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## **DISCUSSION (Write your own questions)**

STUDENT B's QUESTIONS (Do not show these to student A)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

# LANGUAGE - CLOZE

From <https://breakingnewsenglish.com/1808/180808-snapchat-dysmorphia.html>

Cosmetic surgeons in the USA are reporting a (1) \_\_\_\_\_ increase in the number of patients seeking and having (2) \_\_\_\_\_ procedures to look like their Snapchat selfies. The surgeons have termed this alarming new trend "Snapchat dysmorphia". This term (3) \_\_\_\_\_ from the condition body dysmorphic disorder - a mental disorder where the sufferer is obsessed with the idea that (4) \_\_\_\_\_ of their body or appearance is severely flawed and in need of drastic measures to fix it. The surgeons described the condition (5) \_\_\_\_\_ the journal Facial Plastic Surgery. They wrote that 55 per cent of plastic surgeons reported an increase in the number of patients wanting (6) \_\_\_\_\_ to their face to look like they do after using Snapchat filters.

Snapchat and (7) \_\_\_\_\_ social media apps provide filters to allow people to "enhance" photos (8) \_\_\_\_\_ their face to look "cuter". The professors say this is fuelling an obsession (9) \_\_\_\_\_ younger people, especially teenage girls and women, with the "perfect" face. Doctors say many of the requests are (10) \_\_\_\_\_ impossible to perform surgically. They wrote: "This is an alarming trend because those filtered selfies often present an unattainable look and are (11) \_\_\_\_\_ the line of reality and fantasy for these patients." They added: "The pervasiveness of these filtered images can take a toll on one's self-esteem." The most common procedures being requested include thinner noses, wider eyes and (12) \_\_\_\_\_ lips.

## Put the correct words from the table below in the above article.

- |     |                |                  |                   |                 |
|-----|----------------|------------------|-------------------|-----------------|
| 1.  | (a) disturbed  | (b) disturb      | (c) disturbing    | (d) disturbance |
| 2.  | (a) facial     | (b) farcical     | (c) force         | (d) fierce      |
| 3.  | (a) derives    | (b) delves       | (c) derides       | (d) dealt       |
| 4.  | (a) part       | (b) bit          | (c) fragment      | (d) element     |
| 5.  | (a) on         | (b) at           | (c) of            | (d) in          |
| 6.  | (a) aberration | (b) altercations | (c) alliterations | (d) alterations |
| 7.  | (a) other      | (b) another      | (c) others        | (d) the others  |
| 8.  | (a) as         | (b) at           | (c) on            | (d) of          |
| 9.  | (a) among      | (b) between      | (c) on            | (d) in          |
| 10. | (a) physique   | (b) physically   | (c) physics       | (d) physician   |
| 11. | (a) incurring  | (b) blurring     | (c) stirring      | (d) erring      |
| 12. | (a) fuller     | (b) full         | (c) fully         | (d) full stop   |



# SPELLING

## Paragraph 1

1. a nrsdbtgiiu increase in the number
2. having facial sdceperrou
3. a mental iresoddr
4. bessedos with the idea
5. veelyers flawed
6. wanting srteointlaa to their face

## Paragraph 2

7. nneecah photos of their face
8. an ssobsineo among younger people
9. yhalsycpl impossible to perform
10. ertespn an unattainable look
11. nrrbiug the line of reality and fantasy
12. take a toll on one's self etseme

# PUT THE TEXT BACK TOGETHER

From <https://breakingnewsenglish.com/1808/180808-snapchat-dysmorphia.html>

**Number these lines in the correct order.**

- ( ) procedures being requested include thinner noses, wider eyes and fuller lips.
- ( ) and women, with the "perfect" face. Doctors say many of the requests are physically impossible to perform
- ( ) disorder where the sufferer is obsessed with the idea that part of their body or appearance is severely
- ( ) "cuter". The professors say this is fuelling an obsession among younger people, especially teenage girls
- ( ) journal Facial Plastic Surgery. They wrote that 55 per cent of plastic surgeons reported an increase in the
- ( **1** ) Cosmetic surgeons in the USA are reporting a disturbing increase in the number of patients seeking and
- ( ) Snapchat and other social media apps provide filters to allow people to "enhance" photos of their face to look
- ( ) trend "Snapchat dysmorphia". This term derives from the condition body dysmorphic disorder - a mental
- ( ) having facial procedures to look like their Snapchat selfies. The surgeons have termed this alarming new
- ( ) look and are blurring the line of reality and fantasy for these patients." They added: "The pervasiveness of
- ( ) number of patients wanting alterations to their face to look like they do after using Snapchat filters.
- ( ) these filtered images can take a toll on one's self-esteem." The most common
- ( ) flawed and in need of drastic measures to fix it. The surgeons described the condition in the
- ( ) surgically. They wrote: "This is an alarming trend because those filtered selfies often present an unattainable

# PUT THE WORDS IN THE RIGHT ORDER

From <https://breakingnewsenglish.com/1808/180808-snapchat-dysmorphia.html>

1. the in A of patients . disturbing increase number
2. procedures look Snapchat their like selfies . Facial to
3. to measures need drastic it . In fix of
4. surgeons reported the Plastic in increase number . an
5. do Look Snapchat like they using filters . after
6. people face . photos of Allow to their enhance
7. is obsession This people . fuelling an among younger
8. to perform The physically are requests surgically . impossible
9. filtered present unattainable look . an Those often selfies
10. noses . requested procedures Common being include thinner

# CIRCLE THE CORRECT WORD (20 PAIRS)

From <https://breakingnewsenglish.com/1808/180808-snapchat-dysmorphia.html>

Cosmetic surgeons in the USA are reporting a *disturbance / disturbing* increase in the number of patients *seeking / seek* and having facial procedures to look *like / liking* their Snapchat selfies. The surgeons have termed this alarming new *trendy / trend* "Snapchat dysmorphia". This term derives from the *conditioned / condition* body dysmorphic disorder - a mental disorder where the *sufferer / suffering* is obsessed with the idea that part of their body or *appearance / appear* is severely flawed and in need of drastic *measures / measure* to fix it. The surgeons described the condition in the journal Facial Plastic Surgery. They wrote that 55 per cent of plastic *surgeons / surgery* reported an increase in the number of patients wanting alterations to their face to look like they *did / do* after using Snapchat filters.

Snapchat and other social media apps provide filters to *allowable / allow* people to "enhance" photos of their face to look "cuter". The professors say this is *fuel / fuelling* an obsession among younger people, *special / especially* teenage girls and women, with the "perfect" face. Doctors say *much / many* of the requests are physically impossible to *reform / perform* surgically. They wrote: "This is an alarming *trendy / trend* because those filtered selfies often present an *unattainable / unattested* look and are blurring the line of reality and fantasy for these *patience / patients*." They added: "The pervasiveness of these filtered images can take a *toll / atoll* on one's self-esteem." The most common procedures being requested include thinner noses, wider eyes and *fuller / fully* lips.

**Talk about the connection between each pair of words in italics, and why the correct word is correct.**

# INSERT THE VOWELS (a, e, i, o, u)

From <https://breakingnewsenglish.com/1808/180808-snapchat-dysmorphia.html>

C\_s m\_t\_c s\_r g\_\_ n s \_n th\_ U S A \_r\_ r\_p\_r\_t\_n g \_  
d\_s t\_r b\_n g \_n c\_r\_\_ s\_ \_n th\_ n\_m b\_r \_f p\_t\_\_ n t  
s s\_\_ k\_n g \_n d h\_v\_n g f\_c\_\_ l p\_r\_c\_d\_r\_s t\_ l\_\_  
k l\_k\_ th\_\_ r S n\_p c h\_t s\_l f\_\_ s . Th\_ s\_r g\_\_ n s  
h\_v\_ t\_r m\_d th\_s \_l\_r m\_n g n\_w t\_r n d " S n\_p c  
h\_t d y s m\_r p h\_\_ " . Th\_s t\_r m d\_r v\_s f\_r m t  
h\_ c\_n d\_t\_\_ n b\_d y d y s m\_r p h\_c d\_s\_r d\_r - \_  
m\_n t\_l d\_s\_r d\_r w\_h\_r\_ th\_ s\_f f\_r\_r \_s \_b s\_s s\_d  
w\_t h th\_ \_d\_\_ th\_t p\_r t \_f th\_\_ r b\_d y \_r \_p  
p\_\_ r\_n c\_\_ s s\_v\_r\_l y f\_l\_w\_d \_n d \_n n\_\_ d \_f d  
r\_s t\_c m\_\_ s\_r\_s t\_ f\_x \_t . Th\_ s\_r g\_\_ n s d\_s c  
r\_b\_d th\_ c\_n d\_t\_\_ n \_n th\_ j\_\_ r\_n l F\_c\_\_ l P  
l\_s t\_c S\_r g\_r y . Th\_y w\_r\_t\_ th\_t 55 p\_r c\_n t  
\_f p\_l\_s t\_c s\_r g\_\_ n s r\_p\_r\_t\_d \_n \_n c\_r\_\_ s\_ \_n t  
h\_ n\_m b\_r \_f p\_t\_\_ n t\_s w\_n t\_n g \_l\_t\_r\_t\_\_ n s t\_  
th\_\_ r f\_c\_ t\_ l\_\_ k l\_k\_ th\_y d\_ \_f t\_r \_s\_n g S  
n\_p c h\_t f\_l t\_r s .

S n\_p c h\_t \_n d \_t h\_r s\_c\_\_ l m\_d\_\_ \_p p s p\_r\_v\_d\_  
f\_l t\_r s t\_ \_l l\_w p\_\_ p\_l\_ t\_ " \_n h\_n c\_ " p\_h\_t\_s \_f  
th\_\_ r f\_c\_ t\_ l\_\_ k " c\_t\_r " . Th\_ p\_r\_f\_s s\_r s  
s\_y th\_s \_s f\_\_ l\_l\_n g \_n \_b s\_s s\_\_ n \_m\_n g y\_\_  
n\_g\_r p\_\_ p\_l\_ , \_s p\_c\_\_ l\_l y t\_\_ n\_g\_ g\_r\_l s \_n d  
w\_m\_n , w\_t h th\_ " p\_r\_f\_c\_t " f\_c\_ . D\_c\_t\_r\_s s\_y  
m\_n y \_f th\_ r\_q\_\_ s\_t\_s \_r\_ p\_h\_y\_s\_c\_l\_l y \_m\_p\_s\_s\_b  
l\_ t\_ p\_r\_f\_r\_m s\_r\_g\_c\_l\_l y . Th\_y w\_r\_t\_ : " Th\_s  
\_s \_n \_l\_r m\_n g t\_r n d b\_c\_\_ s\_ th\_s\_ f\_l\_t\_r\_d  
s\_l f\_\_ s \_f t\_n p\_r\_s\_n t \_n \_n t\_t\_\_ n\_b\_l\_ l\_\_ k \_n d  
\_r\_ b\_l\_r\_r\_n g th\_ l\_n\_ \_f r\_\_ l\_t\_y \_n d f\_n t\_s y  
f\_r th\_s\_ p\_t\_\_ n t\_s . " Th\_y \_d\_d\_d : " Th\_ p\_r  
v\_s\_v\_n\_s s \_f th\_s\_ f\_l\_t\_r\_d \_m\_g\_s c\_n t\_k\_ \_  
t\_l\_l \_n \_n\_'s s\_l f\_ \_s\_t\_\_ m . " Th\_ m\_s\_t c\_m\_m\_n  
p\_r\_c\_d\_r\_s b\_\_ n g r\_q\_\_ s\_t\_d \_n c\_l\_d\_ th\_n n\_r  
n\_s\_s , w\_d\_r \_y\_s \_n d f\_l\_l\_r l\_p s .

# PUNCTUATE THE TEXT AND ADD CAPITALS

From <https://breakingnewsenglish.com/1808/180808-snapchat-dysmorphia.html>

cosmetic surgeons in the usa are reporting a disturbing increase in the number of patients seeking and having facial procedures to look like their snapchat selfies the surgeons have termed this alarming new trend snapchat dysmorphia this term derives from the condition body dysmorphic disorder a mental disorder where the sufferer is obsessed with the idea that part of their body or appearance is severely flawed and in need of drastic measures to fix it the surgeons described the condition in the journal facial plastic surgery they wrote that 55 per cent of plastic surgeons reported an increase in the number of patients wanting alterations to their face to look like they do after using snapchat filters

snapchat and other social media apps provide filters to allow people to enhance photos of their face to look cuter the professors say this is fuelling an obsession among younger people especially teenage girls and women with the perfect face doctors say many of the requests are physically impossible to perform surgically they wrote this is an alarming trend because those filtered selfies often present an unattainable look and are blurring the line of reality and fantasy for these patients they added the pervasiveness of these filtered images can take a toll on ones self-esteem the most common procedures being requested include thinner noses wider eyes and fuller lips.

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1808/180808-snapchat-dysmorphia.html>

Cosmetic surgeons in the USA are reporting a disturbing increase in the number of patients seeking and having facial procedures to look like their Snapchat selfies. The surgeons have termed this alarming new trend "Snapchat dysmorphia". This term derives from the condition body dysmorphic disorder - a mental disorder where the sufferer is obsessed with the idea that part of their body or appearance is severely flawed and in need of drastic measures to fix it. The surgeons described the condition in the journal *Facial Plastic Surgery*. They wrote that 55 percent of plastic surgeons reported an increase in the number of patients wanting alteration to their face to look like they do after using Snapchat filters. Snapchat and other social media apps provide filters to allow people to "enhance" photos of their face to look "cuter". The professors say this is fuelling an obsession among younger people, especially teenage girls and women, with the "perfect" face. Doctors say many of these requests are physically impossible to perform surgically. They wrote: "This is an alarming trend because those filtered selfies often present an unattainable look and are blurring the line of reality and fantasy for these patients." They added: "The pervasiveness of these filtered images can take a toll on one's self-esteem." The most common procedures being requested include thin noses, wide eyes and full lips.







# HOMework

**1. VOCABULARY EXTENSION:** Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

**2. INTERNET:** Search the Internet and find out more about this news story. Share what you discover with your partner(s) in the next lesson.

**3. COSMETIC SURGERY:** Make a poster about cosmetic surgery. Show your work to your classmates in the next lesson. Did you all have similar things?

**4. SELFIES:** Write a magazine article about enhancing photos to get the perfect selfie. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

**5. WHAT HAPPENED NEXT?** Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

**6. LETTER:** Write a letter to an expert on cosmetic surgery. Ask him/her three questions about it. Give him/her three of your opinions on having cosmetic surgery to look like cute selfies. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

# ANSWERS

## VOCABULARY (p.4)

1. d    2. f    3. b    4. g    5. c    6. e    7. a  
8. n    9. k    10. m    11. h    12. i    13. l    14. j

## TRUE / FALSE (p.5)

- a F    b T    c T    d T    e T    f F    g F    h F

## SYNONYM MATCH (p.5)

1. disturbing
2. procedures
3. termed
4. flawed
5. alterations
6. fuelling
7. perform
8. unattainable
9. pervasiveness
10. self-esteem

- a. worrying
- b. operations
- c. called
- d. imperfect
- e. changes
- f. feeding
- g. carry out
- h. impossible
- i. prevalence
- j. confidence

## COMPREHENSION QUESTIONS (p.9)

1. Facial procedures
2. Surgeons
3. Severely flawed
4. Facial Plastic Surgery
5. 55%
6. Cuter
7. The perfect face
8. Reality and fantasy
9. Self-esteem
10. Fuller lips

## WORDS IN THE RIGHT ORDER (p.20)

1. A disturbing increase in the number of patients.
2. Facial procedures to look like their Snapchat selfies.
3. In need of drastic measures to fix it.
4. Plastic surgeons reported an increase in the number.
5. Look like they do after using Snapchat filters.
6. Allow people to enhance photos of their face.
7. This is fuelling an obsession among younger people.
8. The requests are physically impossible to perform surgically.
9. Those filtered selfies often present an unattainable look.
10. Common procedures being requested include thinner noses.

## MULTIPLE CHOICE - QUIZ (p.10)

1. b    2. c    3. d    4. b    5. a    6. a    7. d    8. c    9. d    10. b

## ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.  
(It's good for your English ;-)