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Level 0 – 25th November, 2018

DNA could decide whether you like coffee or tea

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/1811/181125-coffee-or-tea-0.html>

Contents

The Reading	2
Phrase Matching	3
Listening Gap Fill	4
No Spaces	5
Survey	6
Writing and Speaking	7
Writing	8

Please try Levels 1, 2 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/1811/181125-coffee-or-tea-0.html>

Our DNA affects whether we like coffee or tea. Researchers studied how our DNA did this. The researchers said people who like bitter tastes are more likely to drink coffee. People who are sensitive to the bitter taste of caffeine will drink coffee. They will also drink more coffee than people who are not sensitive to caffeine.

Researchers looked at data on more than 400,000 people. They said other things can also affect our taste, not just DNA. A researcher said our environment, social factors or medicine can change our taste. He said we can even learn to like or enjoy bitter-tasting food and drink.

Sources: <https://tribune.com.pk/story/1848673/3-tea-coffee-answer-might-genetic/>
<https://www.smithsonianmag.com/smart-news/first-coffeeunless-you-are-genetically-disposed-prefer-tea-180970841/>
<http://blogs.discovermagazine.com/d-brief/2018/11/16/the-bitter-truth-coffee-lovers-love-of-caffeine-is-wired-in-their-dna>

PHRASE MATCHING

From <https://breakingnewsenglish.com/1811/181125-coffee-or-tea-0.html>

PARAGRAPH ONE:

- | | |
|----------------------------|-----------------------|
| 1. DNA affects whether we | a. more coffee |
| 2. Researchers studied how | b. like coffee or tea |
| 3. more likely | c. not |
| 4. People who are | d. to drink coffee |
| 5. the bitter taste | e. caffeine |
| 6. drink | f. sensitive |
| 7. people who are | g. of caffeine |
| 8. sensitive to | h. our DNA did this |

PARAGRAPH TWO:

- | | |
|------------------------------------------|-------------------|
| 1. Researchers looked | a. factors |
| 2. more than | b. things can |
| 3. They said other | c. DNA |
| 4. affect our | d. our taste |
| 5. not just | e. at data |
| 6. social | f. taste |
| 7. medicine can change | g. food and drink |
| 8. learn to like or enjoy bitter-tasting | h. 400,000 people |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1811/181125-coffee-or-tea-0.html>

(1) _____ whether we like coffee or tea.

Researchers (2) _____ DNA did this. The

researchers said people (3) _____ tastes are more

likely (4) _____. People who are sensitive to the

(5) _____ caffeine will drink coffee. They will also

drink more coffee than people (6) _____ sensitive

to caffeine.

Researchers looked (7) _____ more than 400,000

people. They said other (8) _____ affect our

taste, (9) _____. A researcher said our

environment, (10) _____ medicine can change our

taste. He said (11) _____ learn to like or enjoy

bitter-tasting (12) _____.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1811/181125-coffee-or-tea-0.html>

OurDNAaffectswetherwelikecoffeeortea.Researchersstudiedhow
urDNAididthis.Theresearcherssaidpeoplewholikebittertastesaremor
elikelytodrinkcoffee.Peoplewhoaresensitivetothebittertasteofcaffei
newilldrinkcoffee.Theywillalsodrinkmorecoffeethanpeoplewhoaren
otsensitivetocaffeine.Researcherslookedatdataonmorethan400,00
0people.Theysaidotherthingscanalsoaffectourtaste,notjustDNA.Are
searchersaidoureenvironment,socialfactorsormedicinecanchangeou
rtaste.Hesaidwecanevenlearntolikeorenjoybitter-tastingfoodanddri
nk.

COFFEE AND TEA SURVEY

From <https://breakingnewsenglish.com/1811/181125-coffee-or-tea-4.html>

Write five GOOD questions about coffee and tea in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

WRITING

From <https://breakingnewsenglish.com/1811/181125-coffee-or-tea-0.html>

Write about **coffee and tea** for 10 minutes. Read and talk about your partner's paper.
