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**Paper books better than e-books for bedtime stories – 28th March, 2019**

## Level 4

Technology and digital devices might not replace traditional, paper bedtime books. A study shows that paper books are better than e-books. It said printed books, with real pages that you turn, make parents and children interact more than when using electronic books. Researchers studied how 37 pairs of parents and toddlers interacted with e-books and paper books. Parents asked fewer questions and made fewer comments with e-books.

Researchers gave parents three book formats. These were printed books, e-books, and e-books with animation and sound effects. The researchers found that parents and children spoke to each other less with the digital books. A researcher said parents and children talked about the device and the technology more than about the story. Children said things like, "don't push that button" or "don't change the volume". They asked few questions about the story.

## Level 5

Technology may seem unstoppable, but digital devices might not replace the traditional, paper bedtime book. A new study shows that paper books are better than e-books at bedtime. It suggests that printed books, with real pages that you turn with your fingers, make parents and children interact more than when reading with an electronic book. Researchers studied how 37 pairs of parents and toddlers interacted with e-books and paper books. They found that parents asked their children fewer questions and made fewer comments about the story with e-books.

Researchers studied parents reading three different book formats to young children. These were printed books, basic e-books, and e-books with features such as animation and sound effects. The researchers discovered that parents and toddlers interacted with each other less with the digital books than they did with the printed books. A researcher said parents and children talked about the device and the technology rather than about the story. Children said things like, "don't push that button" or "don't change the volume" rather than ask questions or make comments.

## Level 6

The march of technology may seem unstoppable, but all things digital may have a way to go before they replace the traditional bedtime book - the paper one. A new study shows that paper books are better than e-books for bedtime reading. The study suggests that the good old printed book, with real pages that you turn with your fingers, makes parents and children interact more than they do when reading with an electronic book. Researchers from the University of Michigan studied how 37 pairs of parents and toddlers interacted with e-books and paper books. The researchers found that with electronic books, parents asked their children fewer questions and made fewer comments about the story.

The study involved observing parents and children (aged two or three) reading from three different book formats. These were printed books, basic e-books on a tablet, and enhanced e-books with features such as animation, graphics and sound effects. The researchers discovered that the parents and toddlers interacted with each other less with both types of e-books than they did with the printed books. A researcher said that when they did speak, they were far likelier to talk about the device and the technology rather than about the story. Children were likelier to say things like, "don't push that button" or "don't change the volume" than ask questions or make observations about the story.