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Level 4 – 23rd August, 2019

Parents happier after their children leave home

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<https://breakingnewsenglish.com/1908/190823-having-children-4.html>

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Please try Levels 5 and 6. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/1908/190823-having-children-4.html>

Having children may be the key to happiness and a perfect family life. This image is true for some, but researchers say that children make parents happiest when they fly the nest - after they leave home. Researchers looked at data on the emotional wellbeing of 55,000 over 50-year-olds in Europe. They found that most parents were happier with life after their children left home. This could be because raising children is expensive and stressful.

A researcher said a reason for parents being happiest when their children leave home is the tables are turned - children support their parents. The researcher said parents suffer from less depression and are more positive about life. He said: "Children's roles as caregivers, providers of financial support or simply as a means of social contact might outweigh the negative aspects of parenthood." Healthy family relationships stop parents feeling lonely.

Sources: <https://www.usatoday.com/story/life/parenting/2019/08/20/empty-nest-parents-happier-when-kids-move-out-study-finds/2052323001/>
<https://www.independent.co.uk/news/science/children-happiness-study-parents-stress-money-christoph-becker-at-heidelberg-university-a9068926.html>
<https://www.yahoo.com/lifestyle/children-happier-study-084040058.html>

PHRASE MATCHING

From <https://breakingnewsenglish.com/1908/190823-having-children-4.html>

PARAGRAPH ONE:

- | | |
|------------------------------|--------------|
| 1. the key to | a. left home |
| 2. a perfect family | b. expensive |
| 3. when they fly the | c. home |
| 4. after they leave | d. with life |
| 5. emotional | e. happiness |
| 6. most parents were happier | f. life |
| 7. after their children | g. nest |
| 8. raising children is | h. wellbeing |

PARAGRAPH TWO:

- | | |
|-----------------------------|-------------------|
| 1. a reason for parents | a. depression |
| 2. the tables | b. of parenthood |
| 3. parents suffer from less | c. caregivers |
| 4. more positive | d. lonely |
| 5. Children's roles as | e. are turned |
| 6. providers of financial | f. about life |
| 7. the negative aspects | g. support |
| 8. stop parents feeling | h. being happiest |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1908/190823-having-children-4.html>

Having children may be the (1) _____ and a perfect family life. This image is (2) _____, but researchers say that children make parents happiest when they (3) _____ - after they leave home. Researchers looked (4) _____ the emotional wellbeing of 55,000 over 50-year-olds in Europe. They found that most parents were (5) _____ after their children left home. This could be because raising children is (6) _____.

A researcher said a (7) _____ being happiest when their children leave home is the (8) _____ - children support their parents. The researcher said parents (9) _____ depression and are more (10) _____. He said: "Children's roles as caregivers, providers of financial support or simply (11) _____ of social contact might outweigh the negative aspects of parenthood." Healthy family relationships stop (12) _____.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1908/190823-having-children-4.html>

Having children may be the key to happiness and a perfect family life. This image is true for some, but researchers say that children make parents happiest when they fly the nest - after they leave home. Researchers looked at data on the emotional well-being of 55,000 over 50-year-olds in Europe. They found that most parents were happier with life after their children left home. This could be because raising children is expensive and stressful. As researchers said, a reason for parents being happiest when their children leave home is that the tables are turned - children support their parents. The researchers said parents suffer from less depression and are more positive about life. He said: "Children's roles as caregivers, providers of financial support or simply as a means of social contact might outweigh the negative aspects of parenthood." Healthy family relationships stop parents feeling lonely.

HAVING CHILDREN SURVEY

From <https://breakingnewsenglish.com/1908/190823-having-children-4.html>

Write five GOOD questions about having children in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

