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Level 6 – 22nd May, 2021

Working long hours kills hundreds of thousands

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<https://breakingnewsenglish.com/2105/210522-working-hours.html>

Contents

The Article	2	Discussion (Student-Created Qs)	15
Warm-Ups	3	Language Work (Cloze)	16
Vocabulary	4	Spelling	17
Before Reading / Listening	5	Put The Text Back Together	18
Gap Fill	6	Put The Words In The Right Order	19
Match The Sentences And Listen	7	Circle The Correct Word	20
Listening Gap Fill	8	Insert The Vowels (a, e, i, o, u)	21
Comprehension Questions	9	Punctuate The Text And Add Capitals	22
Multiple Choice - Quiz	10	Put A Slash (/) Where The Spaces Are	23
Role Play	11	Free Writing	24
After Reading / Listening	12	Academic Writing	25
Student Survey	13	Homework	26
Discussion (20 Questions)	14	Answers	27

Please try Levels 4 and 5 (they are easier).

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THE ARTICLE

From <https://breakingnewsenglish.com/2105/210522-working-hours.html>

The World Health Organization (WHO) and International Labour Organization have issued a stark warning about the danger of overworking. They said working long hours is causing the premature death of hundreds of thousands of people worldwide. The two organizations analysed the link between loss of life and working long hours. Their findings were sobering. Around three-quarters of a million workers die early after suffering strokes and heart attacks as a result of working over 55 hours a week. Most of these deaths were in people aged 60 to 70 who had worked at least 55 hours between the ages of 45 and 74. The researchers discovered that men accounted for 72 per cent of the deaths.

The WHO study revealed that people who work at least 55 hours a week have a 42 per cent increased risk of stroke, and a 19 per cent increased chance of heart disease. Researchers analysed data from workforces in 154 countries. They looked at data collected from 1970 to 2018. The WHO Director-General said: "No job is worth the risk of stroke or heart disease. Governments, employers and workers need to work together to agree on limits to protect the health of workers." The WHO said over nine per cent of workers overwork. It warned that the situation is worsening, saying: "The pandemic is accelerating developments that could feed the trend towards increased working time."

Sources: <https://edition.cnn.com/2021/05/17/success/who-long-hours-intl-scli-wellness/index.html>
<https://www.cnet.com/health/working-too-much-can-kill-you-who-study-finds/>
<https://news.sky.com/story/covid-19-long-working-hours-killing-745-000-people-a-year-who-study-finds-12308976>

WARM-UPS

1. WORKING HOURS: Students walk around the class and talk to other students about working hours. Change partners often and share your findings.

2. CHAT: In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

WHO / labour / overworking / premature / link / loss of life / million / workers / men / risk / stroke / heart disease / governments / limits / pandemic / developments / time

Have a chat about the topics you liked. Change topics and partners frequently.

3. 35-HOUR WEEK: Students A **strongly** believe there should be a maximum of a 35-hour working week; Students B **strongly** believe otherwise. Change partners again and talk about your conversations.

4. STRESS AT WORK: How can these things cause stress at work? What can we do to reduce this? Complete this table with your partner(s). Change partners often and share what you wrote.

	Stress	Reducing Stress
Overtime		
Bad Bosses		
Customers		
Work space		
Colleagues		
Job duties		

5. WORK: Spend one minute writing down all of the different words you associate with the word "work". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

6. STRESSFUL JOBS: Rank these with your partner. Put the most stressful jobs at the top. Change partners often and share your rankings.

- Teacher
- Soldier
- CEO
- Actor
- Cashier
- Soccer coach
- Police officer
- Miner

VOCABULARY MATCHING

Paragraph 1

- | | |
|------------------|--|
| 1. stark | a. A sudden disabling attack or loss of consciousness caused by an interruption in the flow of blood to the brain. |
| 2. premature | b. Happening or done before the usual or proper time; too early. |
| 3. analysed | c. A relationship between two things or situations, especially where one thing affects the other. |
| 4. link | d. Severe or unpleasant. |
| 5. suffering | e. Supplied or made up a specified amount or proportion. |
| 6. stroke | f. Examined in detail for purposes of explanation and interpretation. |
| 7. accounted for | g. The state of feeling pain, distress, or hardship. |

Paragraph 2

- | | |
|------------------|---|
| 8. revealed | h. A point or level beyond which something does not or may not extend or pass. |
| 9. workforce | i. Sufficiently good, enjoyable, or successful to repay any effort, trouble, or expense. |
| 10. worth | j. Increasing in amount or extent. |
| 11. limit | k. Made previously unknown or secret information known to others. |
| 12. pandemic | l. The people engaged in or available for work, either in a country or area or in a particular company or industry. |
| 13. accelerating | m. A general direction in which something is developing or changing. |
| 14. trend | n. Of a disease that is over a whole country or the world. |

BEFORE READING / LISTENING

From <https://breakingnewsenglish.com/2105/210522-working-hours.html>

1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

1. The International Health Organization issued a stark warning. **T / F**
2. The WHO said working long hours caused the early death of millions. **T / F**
3. The WHO looked at the link between the loss of hours and a long life. **T / F**
4. Over 70% of the deaths caused by working long hours were men. **T / F**
5. Working over 55 hours a week carries a 19% increased risk of a stroke. **T / F**
6. Researchers looked at data from workforces in 154 countries. **T / F**
7. The WHO said the working week should be limited to 35 hours. **T / F**
8. COVID-19 is making this situation worse. **T / F**

2. SYNONYM MATCH: (The words in **bold** are from the news article.)

- | | |
|-------------------------|----------------|
| 1. issued | a. grim |
| 2. stark | b. possibility |
| 3. premature | c. made up |
| 4. findings | d. shift |
| 5. accounted for | e. early |
| 6. revealed | f. safeguard |
| 7. risk | g. released |
| 8. agree | h. disclosed |
| 9. protect | i. concur |
| 10. trend | j. conclusions |

3. PHRASE MATCH: (Sometimes more than one choice is possible.)

- | | |
|-----------------------------|------------------------------------|
| 1. a stark warning about | a. chance of heart disease |
| 2. causing the premature | b. result of working over 55 hours |
| 3. the link between loss of | c. accelerating developments |
| 4. heart attacks as a | d. the danger of overworking |
| 5. men accounted | e. together to agree on limits |
| 6. a 19 per cent increased | f. life and working long hours |
| 7. No job is | g. increased working time |
| 8. workers need to work | h. for 72 per cent of the deaths |
| 9. The pandemic is | i. worth the risk of stroke |
| 10. feed the trend towards | j. death of hundreds of thousands |

GAP FILL

From <https://breakingnewsenglish.com/2105/210522-working-hours.html>

The World Health Organization (WHO) and International Labour Organization have issued a (1) _____ warning about the danger of overworking. They said working long hours is causing the (2) _____ death of hundreds of thousands of people worldwide. The two organizations analysed the link between (3) _____ of life and working long hours. Their findings were (4) _____. Around three-quarters of a million workers die early after suffering (5) _____ and heart attacks as a (6) _____ of working over 55 hours a week. Most of these (7) _____ were in people aged 60 to 70 who had worked at least 55 hours between the ages of 45 and 74. The researchers discovered that men (8) _____ for 72 per cent of the deaths.

loss
accounted
premature
strokes
stark
deaths
sobering
result

The WHO study (9) _____ that people who work at least 55 hours a week have a 42 per cent increased (10) _____ of stroke, and a 19 per cent increased chance of heart disease. Researchers analysed data from (11) _____ in 154 countries. They looked at data collected from 1970 to 2018. The WHO Director-General said: "No job is (12) _____ the risk of stroke or heart disease. Governments, employers and workers need to work together to agree on (13) _____ to protect the health of workers." The WHO said over nine per cent of workers (14) _____. It warned that the situation is worsening, saying: "The (15) _____ is accelerating developments that could feed the (16) _____ towards increased working time."

limits
risk
overwork
trend
revealed
worth
pandemic
workforces

LISTENING – Guess the answers. Listen to check.

From <https://breakingnewsenglish.com/2105/210522-working-hours.html>

- 1) and International Labour Organization have issued _____
 - a. a strike warning
 - b. a stuck warning
 - c. a star warning
 - d. a stark warning
- 2) They said working long hours is causing _____
 - a. the premature death
 - b. the prematurely death
 - c. the premature dead
 - d. the premature dearth
- 3) The two organizations analysed the link between _____
 - a. lots of life
 - b. lost of life
 - c. loss of life
 - d. lose of life
- 4) of a million workers die early after suffering strokes and heart attacks _____
 - a. was a result
 - b. as a result
 - c. has a result
 - d. 'twas a result
- 5) The researchers discovered that men accounted for 72 per cent _____
 - a. of them deaths
 - b. of there deaths
 - c. of the deaths
 - d. of thy deaths
- 6) that people who work at least 55 hours a week have a 42 per cent _____
 - a. increased risqué
 - b. increased risk
 - c. increased risky
 - d. increased risked
- 7) chance of heart disease. Researchers analysed data from _____ countries
 - a. work farces in 154
 - b. walk forces in 154
 - c. wake focus in 154
 - d. workforces in 154
- 8) The WHO Director-General said no job is _____
 - a. verse the risk
 - b. worth the risk
 - c. worse the risk
 - d. verve the risk
- 9) The WHO said over nine per cent of workers overwork. It warned that the _____
 - a. situation is worsen in
 - b. situation is worse than in
 - c. situation is worthier in
 - d. situation is worsening
- 10) The pandemic is accelerating developments that could _____
 - a. feed the trend
 - b. feed the trendy
 - c. feed the tread
 - d. feed that rend

LISTENING – Listen and fill in the gaps

From <https://breakingnewsenglish.com/2105/210522-working-hours.html>

The World Health Organization (WHO) and International Labour Organization have (1) _____ warning about the danger of overworking. They said working long hours is causing (2) _____ of hundreds of thousands of people worldwide. The two organizations analysed the link between (3) _____ and working long hours. Their findings were sobering. Around three-quarters of a million workers die early after (4) _____ heart attacks as a result of working over 55 hours a week. Most of these (5) _____ people aged 60 to 70 who had worked at least 55 hours between the ages of 45 and 74. The researchers discovered (6) _____ for 72 per cent of the deaths.

The WHO study (7) _____ who work at least 55 hours a week have a 42 per cent increased risk of stroke, and a 19 per cent increased (8) _____ disease. Researchers analysed data from workforces in 154 countries. They looked at data collected from 1970 to 2018. The WHO Director-General said: "No job is (9) _____ of stroke or heart disease. Governments, employers and workers need to work together to (10) _____ to protect the health of workers." The WHO said over nine per cent of workers overwork. It warned that the (11) _____, saying: "The pandemic is accelerating developments that could (12) _____ towards increased working time."

COMPREHENSION QUESTIONS

From <https://breakingnewsenglish.com/2105/210522-working-hours.html>

1. What kind of warning does the article say the WHO issued?
2. What does the article call the WHO's findings?
3. What two things did the WHO say people die from?
4. When did 60- to 70-year-olds work more than 55 hours a week?
5. What percentage of the reported deaths were in men?
6. What do people who overwork have a 19% increased risk of?
7. In what date range did the WHO look at workforce data?
8. What did the WHO say governments and workers have to agree on?
9. How many workers did the WHO say overwork?
10. What did the WHO say is fuelling a trend towards longer working hours?

MULTIPLE CHOICE - QUIZ

From <https://breakingnewsenglish.com/2105/210522-working-hours.html>

- 1) What kind of warning does the article say the WHO issued?
 - a) a serious warning
 - b) a stark warning
 - c) a dire warning
 - d) a final warning
- 2) What does the article call the WHO's findings?
 - a) worrying
 - b) disturbing
 - c) dubious
 - d) sobering
- 3) What two things did the WHO say people die from?
 - a) heart attacks and strokes
 - b) heart attacks and smoking
 - c) smoking and strokes
 - d) strokes and cancer
- 4) When did 60- to 70-year-olds work more than 55 hours a week?
 - a) when they were aged 45 to 60
 - b) when they were aged 40 to 74
 - c) when they were aged 45 to 74
 - d) when they were aged 40 to 60
- 5) What percentage of the reported deaths were in men?
 - a) 70%
 - b) 72%
 - c) 64%
 - d) 74%
- 6) What do people who overwork have a 19% increased risk of?
 - a) heart disease
 - b) stroke
 - c) overworking
 - d) data collection
- 7) In what date range did the WHO look at workforce data?
 - a) 1917 to 2018
 - b) 1977 to 2018
 - c) 1970 to 2018
 - d) 1900 to 2018
- 8) What did the WHO say governments and workers have to agree on?
 - a) limits
 - b) healthcare
 - c) break times
 - d) overtime pay
- 9) How many workers did the WHO say overwork?
 - a) over 9%
 - b) over 19%
 - c) over 0.9%
 - d) over 99%
- 10) What did the WHO say is fuelling a trend towards longer working hours?
 - a) greedy companies
 - b) bad bosses
 - c) globalization
 - d) the pandemic

ROLE PLAY

From <https://breakingnewsenglish.com/2105/210522-working-hours.html>

Role A – Teacher

You think a teacher is the most stressful job. Tell the others three reasons why. Tell them why their jobs aren't as stressful. Also, tell the others which is the least stressful of these (and why): a CEO, a soccer coach or a miner.

Role B – CEO

You think a CEO is the most stressful job. Tell the others three reasons why. Tell them why their jobs aren't as stressful. Also, tell the others which is the least stressful of these (and why): a teacher, a soccer coach or a miner.

Role C – Soccer Coach

You think a soccer coach is the most stressful job. Tell the others three reasons why. Tell them why their jobs aren't as stressful. Also, tell the others which is the least stressful of these (and why): a CEO, a teacher or a miner.

Role D – Miner

You think a miner is the most stressful job. Tell the others three reasons why. Tell them why their jobs aren't as stressful. Also, tell the others which is the least stressful of these (and why): a CEO, a soccer coach or a teacher.

AFTER READING / LISTENING

From <https://breakingnewsenglish.com/2105/210522-working-hours.html>

1. WORD SEARCH: Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'hundred' and 'thousand'.

hundred	thousand

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

2. ARTICLE QUESTIONS: Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

3. GAP FILL: In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

4. VOCABULARY: Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

5. TEST EACH OTHER: Look at the words below. With your partner, try to recall how they were used in the text:

<ul style="list-style-type: none">• stark• premature• loss• early• least• accounted	<ul style="list-style-type: none">• least• data• worth• need• nine• feed
--	---

WORKING HOURS SURVEY

From <https://breakingnewsenglish.com/2105/210522-working-hours.html>

Write five GOOD questions about working hours in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WORKING HOURS DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'work'?
3. How many hours a week do you work?
4. Should there be a limit on the number of hours people work?
5. How dangerous is overworking?
6. Have you ever overworked?
7. Why do some people work such long hours?
8. What do you think of working 55 hours a week?
9. Who do you know that works long hours?
10. Should companies be fined if their workers overwork?

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WORKING HOURS DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'hours'?
13. What do you think about what you read?
14. How would you feel if you worked 55 hours a week?
15. What happens to someone's health when they work too hard?
16. Do you think there should be a 4-day week?
17. How has the pandemic affected working conditions?
18. Would it be better for people to work from home?
19. What advice do you have for people who overwork?
20. What questions would you like to ask the researchers?

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

LANGUAGE - CLOZE

From <https://breakingnewsenglish.com/2105/210522-working-hours.html>

The World Health Organization (WHO) and International Labour Organization have issued a (1) _____ warning about the danger of overworking. They said working long hours is causing the (2) _____ death of hundreds of thousands of people worldwide. The two organizations analysed the link between (3) _____ of life and working long hours. Their findings were (4) _____. Around three-quarters of a million workers die early after suffering strokes and heart attacks as a (5) _____ of working over 55 hours a week. Most of these deaths were in people aged 60 to 70 who had worked at least 55 hours between the ages of 45 and 74. The researchers discovered that men accounted (6) _____ 72 per cent of the deaths.

The WHO study (7) _____ that people who work at least 55 hours a week have a 42 per cent increased risk of stroke, and a 19 per cent increased chance of heart disease. Researchers analysed data from (8) _____ in 154 countries. They looked at data collected from 1970 to 2018. The WHO Director-General said: "No job is (9) _____ the risk of stroke or heart disease. Governments, employers and workers need to work together to agree (10) _____ limits to protect the health of workers." The WHO said over nine per cent of workers overwork. It warned that the situation is (11) _____, saying: "The pandemic is accelerating developments that could (12) _____ the trend towards increased working time."

Put the correct words from the table below in the above article.

- | | | | | |
|-----|-----------------|----------------|-----------------|----------------|
| 1. | (a) spark | (b) snark | (c) stark | (d) shark |
| 2. | (a) premature | (b) mature | (c) matured | (d) maturity |
| 3. | (a) gloss | (b) loss | (c) floss | (d) lost |
| 4. | (a) clearheaded | (b) hung over | (c) drunken | (d) sobering |
| 5. | (a) solution | (b) reason | (c) result | (d) motive |
| 6. | (a) as | (b) for | (c) on | (d) to |
| 7. | (a) revealed | (b) unravelled | (c) revelled | (d) rebelled |
| 8. | (a) workarounds | (b) works | (c) workings | (d) workforces |
| 9. | (a) value | (b) assess | (c) worth | (d) against |
| 10. | (a) up | (b) as | (c) of | (d) on |
| 11. | (a) joining | (b) worsening | (c) behavioural | (d) narrating |
| 12. | (a) feed | (b) fish | (c) hook | (d) worm |

SPELLING

From <https://breakingnewsenglish.com/2105/210522-working-hours.html>

Paragraph 1

1. issued a trask warning
2. causing the meturearp death of hundreds
3. The two organizations aelynsda the link
4. Their findings were groenbsi
5. after suffering osrtkes and heart attacks
6. men anucoectd for 72 per cent

Paragraph 2

7. The WHO study evdalere that
8. eowscokrfr in 154 countries
9. No job is trohw the risk
10. work together to agree on istlmi
11. the situation is nrnwgioes
12. itagacelcren developments

PUT THE TEXT BACK TOGETHER

From <https://breakingnewsenglish.com/2105/210522-working-hours.html>

Number these lines in the correct order.

- () death of hundreds of thousands of people worldwide. The two organizations analysed the link between loss
- () the risk of stroke or heart disease. Governments, employers and workers need to work
- (**1**) The World Health Organization (WHO) and International Labour Organization have issued a stark
- () in people aged 60 to 70 who had worked at least 55 hours between the ages of 45 and 74. The
- () overwork. It warned that the situation is worsening, saying: "The pandemic is accelerating
- () The WHO study revealed that people who work at least 55 hours a week have a 42 per cent increased
- () risk of stroke, and a 19 per cent increased chance of heart disease. Researchers analysed data from
- () warning about the danger of overworking. They said working long hours is causing the premature
- () early after suffering strokes and heart attacks as a result of working over 55 hours a week. Most of these deaths were
- () together to agree on limits to protect the health of workers." The WHO said over nine per cent of workers
- () workforces in 154 countries. They looked at data collected from 1970 to 2018. The WHO Director-General said: "No job is worth
- () of life and working long hours. Their findings were sobering. Around three-quarters of a million workers die
- () developments that could feed the trend towards increased working time."
- () researchers discovered that men accounted for 72 per cent of the deaths.

PUT THE WORDS IN THE RIGHT ORDER

From <https://breakingnewsenglish.com/2105/210522-working-hours.html>

1. A about overworking . the stark danger of warning
2. the premature Causing of death hundreds of thousands .
3. suffering workers of die strokes . early after Millions
4. result of a attacks Heart overworking . as
5. accounted 72% over deaths . of Men the for
6. at 55 hours People who work week . least a
7. the strokes . risk No of is job worth
8. limits . to work agree to need Workers on
9. is the situation warned that worsening . It
10. the trend working increased towards Feed time .

CIRCLE THE CORRECT WORD (20 PAIRS)

From <https://breakingnewsenglish.com/2105/210522-working-hours.html>

The World Health Organization (WHO) and International Labour Organization have issued a *strike / stark* warning about the danger *for / of* overworking. They said working long hours is *causing / caused* the premature death of hundreds of thousands *to / of* people worldwide. The two *organization / organizations* analysed the link between loss of life and working *long / length* hours. Their findings were sobering. Around three-quarters of a million workers die early after *suffering / suffer* strokes and heart attacks as a result of working over 55 hours a *week / weekly*. Most of these deaths were in people aged 60 to 70 who had worked at *last / least* 55 hours between the ages of 45 and 74. The researchers discovered that men accounted *of / for* 72 per cent of the deaths.

The WHO *study / studios* revealed that people who work at least 55 hours a week have a 42 per cent increased *risky / risk* of stroke, and a 19 per cent increased *chance / chances* of heart disease. Researchers analysed data from workforces *in / on* 154 countries. They looked at data collected from 1970 to 2018. The WHO Director-General said: "No job is *value / worth* the risk of stroke or heart *disease / diseased*. Governments, employers and workers need to work together to agree on limits *to / for* protect the health of workers." The WHO said over nine per cent of workers overwork. It *warned / warning* that the situation is worsening, *said / saying*: "The pandemic is accelerating developments that could feed the trend *towards / forwards* increased working time."

Talk about the connection between each pair of words in italics, and why the correct word is correct.

INSERT THE VOWELS (a, e, i, o, u)

From <https://breakingnewsenglish.com/2105/210522-working-hours.html>

Th_ W_rld H__lth _rg_n_z_t__n (WH_) _nd _nt_rn_t__n_l
L_b__r _rg_n_z_t__n h_v_ _ss__d _ st_rk w_rn_ng
_b__t th_ d_ng_r _f _v_rw_rk_ng. Th_y s__d w_rk_ng
l_ng h__rs _s c__s_ng th_ pr_m_t_r_ d__th _f
h_ndr_ds _f th__s_nds _f p__pl_ w_rldw_d_. Th_ tw_
_rg_n_z_t__ns _n_ly_s_d th_ l_nk b_tw__n l_ss _f l_f_
_nd w_rk_ng l_ng h__rs. Th__r f_nd_ngs w_r_
s_b_r_ng. _r__nd thr__-q__rt_rs _f _ m_ll__n w_rk_rs
d__ __rly _ft_r s_ff_r_ng str_k_s _nd h__rt _tt_cks _s
_ r_s_lt _f w_rk_ng _v_r 55 h__rs _ w__k. M_st _f
th_s_ d__ths w_r_ _n p__pl_ _g_d 60 t_ 70 wh_ h_d
w_rk_d _t l__st 55 h__rs b_tw__n th_ _g_s _f 45 _nd
74. Th_ r_s__rch_rs d_sc_v_r_d th_t m_n _cc__nt_d f_r
72 p_r c_nt _f th_ d__ths.

Th_ WH_ st_dy r_v__l_d th_t p__pl_ wh_ w_rk _t l__st
55 h__rs _ w__k h_v_ _ 42 p_r c_nt _ncr__s_d r_sk
_f str_k_, _nd _ 19 p_r c_nt _ncr__s_d ch_nc_ _f
h__rt d_s__s_. R_s__rch_rs _n_ly_s_d d_t_ fr_m
w_rkf_rc_s _n 154 c__ntr__s. Th_y l__k_d _t d_t_
c_ll_ct_d fr_m 1970 t_ 2018. Th_ WH_ D_r_ct_r-G_n_r_l
s__d: "N_ j_b _s w_rth th_ r_sk _f str_k_ _r h__rt
d_s__s_. G_v_rnm_nts, _mpl_y_rs _nd w_rk_rs n__d t_
w_rk t_g_th_r t_ _gr__ _n l_m_ts t_ pr_t_ct th_
h__lth _f w_rk_rs." Th_ WH_ s__d _v_r n_n_ p_r c_nt
_f w_rk_rs _v_rw_rk. _t w_rn_d th_t th_ s_t__t__n _s
w_rs_n_ng, s_y_ng: "Th_ p_nd_m_c _s _cc_l_r_t_ng
d_v_l_pm_nts th_t c__ld f__d th_ tr_nd t_w_rds
_ncr__s_d w_rk_ng t_m_."

PUNCTUATE THE TEXT AND ADD CAPITALS

From <https://breakingnewsenglish.com/2105/210522-working-hours.html>

the world health organization who and international labour organization have issued a stark warning about the danger of overworking they said working long hours is causing the premature death of hundreds of thousands of people worldwide the two organizations analysed the link between loss of life and working long hours their findings were sobering around threequarters of a million workers die early after suffering strokes and heart attacks as a result of working over 55 hours a week most of these deaths were in people aged 60 to 70 who had worked at least 55 hours between the ages of 45 and 74 the researchers discovered that men accounted for 72 per cent of the deaths

the who study revealed that people who work at least 55 hours a week have a 42 per cent increased risk of stroke and a 19 per cent increased chance of heart disease researchers analysed data from workforces in 154 countries they looked at data collected from 1970 to 2018 the who directorgeneral said no job is worth the risk of stroke or heart disease governments employers and workers need to work together to agree on limits to protect the health of workers the who said over nine per cent of workers overwork it warned that the situation is worsening saying the pandemic is accelerating developments that could feed the trend towards increased working time

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2105/210522-working-hours.html>

TheWorldHealthOrganization(WHO)andInternationalLabourOrgani- zationhaveissuedastarkwarningaboutthedangerofoverworking.The ysaidworkinglonghoursiscausingtheprematuredeathofhundredsoft housandsofpeopleworldwide.Thetwoorganizationsanalysedthelinkb etweenlossoflifeandworkinglonghours.Theirfindingsweresobering. Aroundthree-quartersofamillionworkersdieearlyaftersufferingstro kesandheartattacksasareultofworkingover55hoursaweek.Mostoft hesedeathswereinpeopleaged60to70whohadworkedatleast55hours betweentheagesof45and74.Theresearchersdiscoveredthatmenacc ountedfor72percentofthedeaths.TheWHOstudyrevealedthatpeople whoworkatleast55hoursaweekhavea42percentincreasedriskofstrok e,anda19percentincreasedchanceofheartdisease.Researchersanaly seddatafromworkforcesin154countries.Theylookedatdatacollectedf rom1970to2018.TheWHODirector-Generalsaid:"Nojobisworthther iskofstrokeorheartdisease.Governments,employersandworkersnee dtoworktogethertoagreeonlimitstoprotectthehealthofworkers."The WHOsaidoverninepercentofworkersoverwork.Itwarnedthatthesitua tionisworsening,saying:"Thepandemicisacceleratingdevelopmentst hatcouldfeedthetrendtowardsincreasedworkingtime."

HOMEWORK

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find out more about this news story. Share what you discover with your partner(s) in the next lesson.

3. WORKING HOURS: Make a poster about working hours. Show your work to your classmates in the next lesson. Did you all have similar things?

4. 35-HOUR LIMIT: Write a magazine article about putting a 35-hour limit on weekly working hours. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

5. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

6. LETTER: Write a letter to an expert on working hours. Ask him/her three questions about them. Give him/her three of your opinions on overworking. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

ANSWERS

VOCABULARY (p.4)

1. d 2. b 3. f 4. c 5. g 6. a 7. e
8. k 9. l 10. i 11. h 12. n 13. j 14. m

TRUE / FALSE (p.5)

- 1 F 2 F 3 F 4 T 5 F 6 T 7 F 8 T

SYNONYM MATCH (p.5)

1. g	2. a	3. e	4. j	5. c
6. h	7. b	8. i	9. f	10. d

COMPREHENSION QUESTIONS (p.9)

1. A stark warning
2. Sobering
3. Heart attacks and strokes
4. When they were aged 45 to 74
5. 72%
6. Heart disease
7. 1970 to 2018
8. Limits
9. 9%
10. The pandemic

WORDS IN THE RIGHT ORDER (p.19)

1. A stark warning about the danger of overworking.
2. Causing the premature death of hundreds of thousands.
3. Millions of workers die early after suffering strokes.
4. Heart attacks as a result of overworking.
5. Men accounted for over 72% of the deaths.
6. People who work at least 55 hours a week.
7. No job is worth the risk of strokes.
8. Workers need to work to agree on limits.
9. It warned that the situation is worsening.
10. Feed the trend towards increased working time.

MULTIPLE CHOICE - QUIZ (p.10)

1. b 2. d 3. a 4. c 5. b 6. a 7. c 8. a 9. a 10. d

ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.
(It's good for your English ;-)