

# Breaking News English.com

**More young people suffering from 'eco-anxiety' – 5th June, 2021**

## **Level 0**

More children have "eco-anxiety". They are worrying about climate change and the future of Earth. Teachers want more eco-lessons in schools. They say schools need eco-lessons for all age groups. An ecology group said only four per cent of schoolchildren knew a lot about the environment.

The Earth Rangers campaign group said eco-anxiety affects children in many ways. They feel fear. The group wants to help children with their negative feelings. It wants school activities so children can teach their parents about protecting nature. It said: "Children are on the front lines of climate change."

## **Level 1**

More children are suffering from "eco-anxiety". They are worrying about the future of Earth, climate change, pollution and biodiversity loss. Teachers want more lessons in schools about these issues. They say schools should have eco-lessons for all year groups. A campaign group said only four per cent of schoolchildren knew enough about the environment. The group said this is making more children experience eco-anxiety.

The Earth Rangers campaign group said: "Eco-anxiety is not an official...disorder. However, it does affect children in very real ways. This includes feelings of fear." It wants to help children find ways to manage negative feelings. It said schools should make activities so children can teach their parents about protecting nature. Earth Rangers said we needed to help children more. It said: "Children are on the front lines of climate change."

## **Level 2**

More children are suffering from "eco-anxiety". This is a condition that makes people worry about the future of Earth. People worry about climate change, pollution and biodiversity loss. Teachers want more lessons in schools about climate change, wildlife and the environment. They say schools teach very little about climate change. Some teachers believe it should be taught to all year groups. A campaign group found that only four per cent of schoolchildren knew enough about the climate crisis. The group said this is making more children suffer from eco-anxiety.

Another campaign group, Earth Rangers, has taken action about eco-anxiety. It said: "Eco-anxiety is not an official...disorder. However, it does affect children in very real ways. This includes feelings of fear...and despair." It wants to understand how to help children find strategies to cope with negative feelings. It said schools should make conservation activities, and help children to teach their parents about how to protect nature. The Earth Rangers president said more action was needed to help children. She said: "Children are on the front lines of climate change."

## **Level 3**

More and more children are suffering from "eco-anxiety". This is a condition that causes people to worry a lot about the future of Earth and the life on it. People worry about climate change, pollution and the loss of biodiversity. This has led education experts to call for more teaching in schools about climate change, wildlife and the environment. Many teachers say very little is taught in schools about climate change. Some teachers believe climate change should be taught to all year groups. The Teach the Future campaign group found that only four per cent of schoolchildren felt they knew enough about the climate crisis. The group said this is leading to more children suffering from eco-anxiety.

Another campaign group, Earth Rangers, has taken action to address the problem of eco-anxiety. It said: "Eco-anxiety is not an official diagnosable disorder. However, it does affect children in very real ways. This includes feelings of fear, hopelessness and despair." It added: "It is important to research and understand the ways in which we can help children find effective strategies to cope with these feelings." Earth Rangers said schools should create conservation activities and help children to teach their parents about how to protect nature. The Earth Rangers president said more needed to be done to help children. She said: "Children are on the front lines of climate change."