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'Quiet quitting' becoming common in workplaces – 3rd October, 2022

Level 4

The concept of "quiet quitting" is quietly spreading around offices, factories and workplaces worldwide. This is when workers stop doing things that are not in their contract. Entrepreneur.com says quiet quitting is going to work "to achieve the minimum requirements of your role in the time that you're there, then leaving". It added that workers do not offer to do overtime, do not do duties not in their contract, and do not go "the extra mile".

Quiet quitting became popular because of the pandemic. People want a better work-life balance. They do not want to get burnt out at work. Workers are not doing things they once did voluntarily. They are doing the bare minimum and leaving exactly on time. Bosses are responding with "quiet firing" to get workers to leave. They are not raising salaries and are ignoring workers' ideas. A poll found that 48 per cent of workers have seen quiet firing in their workplace.

Level 5

A new concept is quietly spreading around offices, factories and workplaces worldwide. Workers are embracing the concept of "quiet quitting". With this phenomenon, workers are slowly not doing things that are outside of their contract. The website entrepreneur.com says quiet quitting "is the process of coming to work to achieve the minimum requirements of your role in the time that you're there, then leaving". It added that workers do not offer to do overtime, do not do duties not in their contract, and do not go "the extra mile".

Quiet quitting became popular after the coronavirus pandemic. People have decided they want a more fulfilling work-life balance, and not get burnt out at work. Workers are not doing unpaid duties they once voluntarily did in their workplaces. They are doing the bare minimum and leaving at five on the dot. Some employers are responding with "quiet firing". They want to get employees to leave. They do this by not raising salaries, ignoring workers' ideas and excluding them from meetings. A poll found that 48 per cent of workers in a survey have seen quiet firing in their workplace.

Level 6

A new culture of work has been quietly spreading around offices, factories and workplaces worldwide. Workers are increasingly embracing the concept of "quiet quitting". This emerging phenomenon entails workers slowly abandoning doing things that are not part of their contract. The website entrepreneur.com defines quiet quitting as follows: "Quiet quitting is the process of coming to work to achieve the minimum requirements of your role in the time that you're there, then leaving. No offers of overtime, no stepping outside your designated obligations, no going the extra mile. It's the silent withdrawal of extra labor to mitigate what are perceived as unreasonable pressures."

Quiet quitting has increased in popularity since the coronavirus pandemic. People are reassessing their attitudes towards work. They have decided to achieve a more fulfilling work-life balance, and focus on avoiding job burnout. Workers are jettisoning unpaid duties they once voluntarily carried out in their workplaces. They do the bare minimum and leave at five on the dot. Some employers are responding with what is being termed as "quiet firing". This is when bosses try to get employees to leave. They do this by not raising salaries, disregarding employees' ideas and omitting them from meetings. A LinkedIn poll found that 48 per cent of employees in a survey have seen quiet firing in the workplace.