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Level 3 – 29th December, 2022

Frozen food is Japan's 'dish of the year'

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/2212/221229-frozen-food.html>

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Please try Levels 0, 1 and 2 (they are easier).

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THE ARTICLE

From <https://breakingnewsenglish.com/2212/221229-frozen-food.html>

Japanese food is famous all over the world. Everyone knows sushi, tempura and tofu. A lot of Japanese food is so well presented it looks like art. It is therefore a little surprising that Japan's "dish of the year" for 2022 is frozen food. Each year, the Gurunavi Research Institute decides on the winner for its culinary award. The prize is given to food that highlights trends in what people eat. Frozen food got the prize in 2022 because of the Coronavirus pandemic. Many people did not dine out at top restaurants. Instead, they stocked up on frozen food and ate at home. The winning frozen food was very basic - no examples of haute cuisine. The judges selected a variety of frozen meat and pizzas - still in their air-tight bags.

Gurunavi said the pandemic has resulted in food companies experimenting with different ways of freezing food. They want to make sure that frozen food tastes good, even after it thaws out. One of Japan's largest supermarkets has opened a specialized food shop called @Frozen. It sells over 1,500 different frozen food items. Japan's convenience stores have expanded their frozen food sections, and frozen food vending machines are popping up everywhere. Some sell frozen sushi. Japan's Frozen Food Association said changing lifestyles have increased the popularity of frozen food. Japan's population is aging, so many older people find frozen dishes more convenient than cooking from scratch.

Sources: <https://edition.cnn.com/travel/article/japan-dish-of-the-year-frozen-food-intl-hnk/index.html>
https://www3.nhk.or.jp/nhkworld/en/news/20221207_23/
<https://news.yahoo.com/frozen-food-named-dish-japan-184019590.html>

WARM-UPS

1. FROZEN FOOD: Students walk around the class and talk to other students about frozen food. Change partners often and share your findings.

2. CHAT: In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

Japanese food / sushi / tempura / tofu / art / prize / pandemic / frozen food / pizza / food companies / supermarkets / convenience stores / vending machines / cooking

Have a chat about the topics you liked. Change topics and partners frequently.

3. FOOD: Students A **strongly** believe their food is the tastiest in the world; Students B **strongly** believe the opposite. Change partners again and talk about your conversations.

4. KINDS OF FOOD: What do you know about these kinds of food? What do you want to know? Complete this table with your partner(s). Change partners often and share what you wrote.

	What I Know	What I Want to Know
Frozen		
Microwave food		
Processed food		
Dried food		
Raw food		
Pickled food		

5. FROZEN: Spend one minute writing down all of the different words you associate with the word "frozen". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

6. DISHES: Rank these with your partner. Put the best at the top. Change partners often and share your rankings.

- Sushi
- Fish and chips
- Pizza
- Samosa
- Tacos
- Fried rice
- Couscous
- Hummus

VOCABULARY MATCHING

Paragraph 1

- | | |
|---------------|---|
| 1. culinary | a. Go out to a restaurant to eat. |
| 2. award | b. Make people aware of something. |
| 3. highlight | c. A prize given in honour of an achievement or of winning something. |
| 4. trend | d. Different things of the same type, character or quality. |
| 5. dine out | e. Of or about cooking. |
| 6. stocked up | f. A fashion in clothes, music, food, lifestyles, etc. |
| 7. variety | g. Buy lots of goods or items so that you have enough of them. |

Paragraph 2

- | | |
|---------------------|---|
| 8. pandemic | h. Change from ice or being frozen, to become soft and ready to use or eat. |
| 9. thaw out | i. A machine in the street that sells drinks, cigarettes, newspapers, etc. |
| 10. specialized | j. From the very beginning. |
| 11. expanded | k. Focused on one area of something to become good at it. |
| 12. vending machine | l. Appearing suddenly in many places. |
| 13. popping up | m. Made bigger or wider. |
| 14. from scratch | n. A disease that is over a whole country or the world. |

BEFORE READING / LISTENING

From <https://breakingnewsenglish.com/2212/221229-frozen-food.html>

1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

1. The article says Japanese food is the most famous in the world. **T / F**
2. The article says a lot of Japanese food looks like art. **T / F**
3. Many people in Japan did not dine out during the coronavirus pandemic. **T / F**
4. The judges chose a lot of frozen fish and burgers. **T / F**
5. Companies tried to make food taste good even when it was frozen. **T / F**
6. A supermarket in Japan opened 1,500 frozen food stores. **T / F**
7. You can buy frozen sushi from some vending machines in Japan. **T / F**
8. A lot of older Japanese people prefer frozen food to cooking. **T / F**

2. SYNONYM MATCH: (The words in **bold** are from the news article.)

- | | |
|-------------------------|-----------------------|
| 1. famous | a. focuses on |
| 2. surprising | b. useful |
| 3. highlights | c. simple |
| 4. dine | d. defrosts |
| 5. basic | e. from the beginning |
| 6. ways | f. eat |
| 7. thaws out | g. widened |
| 8. expanded | h. well known |
| 9. convenient | i. unexpected |
| 10. from scratch | j. methods |

3. PHRASE MATCH: (Sometimes more than one choice is possible.)

- | | |
|--|-----------------------|
| 1. Japanese food is famous | a. people eat |
| 2. Japanese food is so well presented | b. is aging |
| 3. food that highlights trends in what | c. bags |
| 4. they stocked up | d. from scratch |
| 5. still in their air-tight | e. of frozen food |
| 6. frozen food tastes good, even after | f. all over the world |
| 7. vending | g. on frozen food |
| 8. increased the popularity | h. machines |
| 9. Japan's population | i. it looks like art |
| 10. more convenient than cooking | j. it thaws out |

GAP FILL

From <https://breakingnewsenglish.com/2212/221229-frozen-food.html>

Japanese food is famous all over the world. Everyone knows sushi, tempura and (1) _____. A lot of Japanese food is so well presented it looks like art. It is therefore a little (2) _____ that Japan's "dish of the year" for 2022 is frozen food. Each year, the Gurunavi Research Institute decides on the winner for its culinary (3) _____. The prize is given to food that highlights (4) _____ in what people eat. Frozen food got the prize in 2022 because of the Coronavirus pandemic. Many people did not (5) _____ out at top restaurants. Instead, they (6) _____ up on frozen food and ate at home. The winning frozen food was very (7) _____ - no examples of haute cuisine. The judges selected a variety of frozen meat and pizzas - still in their air-tight (8) _____.

Gurunavi said the (9) _____ has resulted in food companies experimenting with different (10) _____ of freezing food. They want to make sure that frozen food tastes good, even after it (11) _____ out. One of Japan's largest supermarkets has opened a specialized food shop called @Frozen. It sells over 1,500 different frozen food items. Japan's convenience stores have (12) _____ their frozen food sections, and frozen food vending machines are (13) _____ up everywhere. Some sell frozen sushi. Japan's Frozen Food Association said changing (14) _____ have increased the popularity of frozen food. Japan's population is (15) _____, so many older people find frozen dishes more (16) _____ than cooking from scratch.

surprising

dine

tofu

bags

trends

basic

award

stocked

expanded

ways

convenient

popping

thaws

aging

pandemic

lifestyles

LISTENING – Guess the answers. Listen to check.

From <https://breakingnewsenglish.com/2212/221229-frozen-food.html>

- 1) Japanese food is famous all over the world. Everyone knows sushi, _____
 - a. tempura and toffee
 - b. tempura end tofu
 - c. tempura and tofu
 - d. tempura end toffee
- 2) A lot of Japanese food is so well presented it _____
 - a. looks like cart
 - b. looks lie cart
 - c. looks like art
 - d. looks lie cart
- 3) Each year, the Gurunavi Research Institute decides on the winner for _____
 - a. its culinary reward
 - b. its culinary award
 - c. its culinary awe
 - d. its culinary overawed
- 4) they stocked up on frozen food and ate at home. The winning frozen food _____
 - a. was very basics
 - b. was very basically
 - c. was very basic
 - d. was very bay sick
- 5) The judges selected a variety of frozen meat and pizzas - still in their _____
 - a. air-tight bags
 - b. eat-tight bags
 - c. oar-tight bags
 - d. e-tight bags
- 6) Gurunavi said the pandemic has resulted in food companies experimenting _____
 - a. with different weighs
 - b. with different weights
 - c. with different whys
 - d. with different ways
- 7) They want to make sure that frozen food tastes good, even after _____
 - a. it flaws out
 - b. it floors out
 - c. it thaws out
 - d. it fairs out
- 8) Japan's convenience stores have expanded their _____
 - a. frozen food inspections
 - b. frozen food sections
 - c. frozen food suction
 - d. frozen food sect shuns
- 9) changing lifestyles have increased the popularity of frozen food. Japan's _____
 - a. population is age in
 - b. population is age gin
 - c. population is a gin
 - d. population is aging
- 10) older people find frozen dishes more convenient than _____
 - a. cooking from scratch
 - b. cooking from snatch
 - c. cooking from slats
 - d. cooking from starch

LISTENING – Listen and fill in the gaps

From <https://breakingnewsenglish.com/2212/221229-frozen-food.html>

Japanese food is famous all (1) _____. Everyone knows sushi, tempura and tofu. A lot of Japanese food is so well presented it looks like art. It is therefore (2) _____ that Japan's "dish of the year" for 2022 is frozen food. Each year, the Gurunavi Research Institute decides on the winner for its culinary award. The prize is given to food that highlights (3) _____ people eat. Frozen food got the prize in 2022 because of the Coronavirus pandemic. Many people did not (4) _____ top restaurants. Instead, they stocked up on frozen food and ate at home. The winning frozen food (5) _____ - no examples of haute cuisine. The judges selected a (6) _____ meat and pizzas - still in their air-tight bags.

Gurunavi said the pandemic (7) _____ food companies experimenting with different ways of freezing food. They want to make sure that frozen food tastes good, even after (8) _____. One of Japan's largest supermarkets has opened a specialized food shop called @Frozen. (9) _____ 1,500 different frozen food items. Japan's convenience stores have expanded their frozen food sections, and frozen food (10) _____ popping up everywhere. Some sell frozen sushi. Japan's Frozen Food Association said changing lifestyles have increased (11) _____ frozen food. Japan's population is aging, so many older people find frozen dishes more convenient than (12) _____.

COMPREHENSION QUESTIONS

From <https://breakingnewsenglish.com/2212/221229-frozen-food.html>

1. Where does the article say Japanese food is famous?
2. What does well-presented Japanese food look like?
3. What does the prize highlight?
4. What are people not doing at top restaurants?
5. What were the selected pizzas and meat inside?
6. When do food companies want frozen food to taste good?
7. How many frozen food items are in the store @Frozen?
8. What does the article say is popping up everywhere?
9. What has increased the popularity of frozen food?
10. Who prefers frozen food to cooking?

MULTIPLE CHOICE - QUIZ

From <https://breakingnewsenglish.com/2212/221229-frozen-food.html>

- 1) Where does the article say Japanese food is famous?
 - a) Tokyo
 - b) all over the world
 - c) the USA
 - d) Asia
- 2) What does well-presented Japanese food look like?
 - a) sculptures
 - b) heaven
 - c) art
 - d) perfection
- 3) What does the prize highlight?
 - a) Japanese cuisine
 - b) tofu
 - c) nutritious food
 - d) trends in what people eat
- 4) What are people not doing at top restaurants?
 - a) tipping
 - b) dining
 - c) getting drunk
 - d) talking
- 5) What were the selected pizzas and meat inside?
 - a) air-tight bags
 - b) shopping bags
 - c) pies
 - d) fridges
- 6) When do food companies want frozen food to taste good?
 - a) after it thaws
 - b) next year
 - c) when it's in people's stomachs
 - d) when it's heated
- 7) How many frozen food items are in the store @Frozen?
 - a) exactly 1,500
 - b) just fewer than 1,500
 - c) around 1,500
 - d) more than 1,500
- 8) What does the article say is popping up everywhere?
 - a) popcorn makers
 - b) sushi
 - c) frozen food vending machines
 - d) temperatures
- 9) What has increased the popularity of frozen food?
 - a) ice
 - b) global warming
 - c) TV cooking shows
 - d) changing lifestyles
- 10) Who prefers frozen food to cooking?
 - a) penguins
 - b) older people in Japan
 - c) chefs
 - d) environmentalists

ROLE PLAY

From <https://breakingnewsenglish.com/2212/221229-frozen-food.html>

Role A – Sushi

You think sushi is the tastiest dish in the world. Tell the others three reasons why. Tell them why their dishes aren't as tasty. Also, tell the others which is the least tasty of these (and why): fish and chips, pizza or hummus.

Role B – Fish and chips

You think fish and chips is the tastiest dish in the world. Tell the others three reasons why. Tell them why their dishes aren't as tasty. Also, tell the others which is the least tasty of these (and why): sushi, pizza or hummus.

Role C – Pizza

You think pizza is the tastiest dish in the world. Tell the others three reasons why. Tell them why their dishes aren't as tasty. Also, tell the others which is the least tasty of these (and why): fish and chips, sushi or hummus.

Role D – Hummus

You think hummus is the tastiest dish in the world. Tell the others three reasons why. Tell them why their dishes aren't as tasty. Also, tell the others which is the least tasty of these (and why): fish and chips, pizza or sushi.

AFTER READING / LISTENING

From <https://breakingnewsenglish.com/2212/221229-frozen-food.html>

1. WORD SEARCH: Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'frozen' and 'food'.

frozen	food

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

2. ARTICLE QUESTIONS: Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

3. GAP FILL: In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

4. VOCABULARY: Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

5. TEST EACH OTHER: Look at the words below. With your partner, try to recall how they were used in the text:

<ul style="list-style-type: none">• famous• art• winner• dine• examples• variety	<ul style="list-style-type: none">• ways• thaws• opened• sells• popping• older
---	---

FROZEN FOOD SURVEY

From <https://breakingnewsenglish.com/2212/221229-frozen-food.html>

Write five GOOD questions about frozen food in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

FROZEN FOOD DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'frozen'?
3. What do you know about Japanese food?
4. What do you think of frozen food?
5. What do you think of sushi, tempura and tofu?
6. What do you think is 'food of the year'?
7. Did coronavirus change your eating habits?
8. Do you like dining out at restaurants?
9. What's your favourite restaurant, and why?
10. What do you think of frozen pizzas?

Frozen food is Japan's 'dish of the year' – 29th December, 2022
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FROZEN FOOD DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'food'?
13. What do you think about what you read?
14. What do you think of Japanese food?
15. What are the good and bad things about frozen food?
16. How does frozen food taste?
17. What do you think of frozen food vending machines?
18. Do you think frozen sushi is a good idea?
19. Do you like to cook from scratch?
20. What questions would you like to ask one of the judges?

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

LANGUAGE - CLOZE

From <https://breakingnewsenglish.com/2212/221229-frozen-food.html>

Japanese food is famous (1) _____ over the world. Everyone knows sushi, tempura and tofu. A lot of Japanese food is so (2) _____ presented it looks like art. It is therefore a little surprising that Japan's "dish of the year" for 2022 is frozen food. Each year, the Gurunavi Research Institute decides (3) _____ the winner for its culinary award. The prize is given to food that highlights (4) _____ in what people eat. Frozen food got the prize in 2022 because of the Coronavirus pandemic. Many people did not (5) _____ out at top restaurants. Instead, they stocked up on frozen food and ate at home. The winning frozen food was very basic - no examples of haute cuisine. The judges selected a variety (6) _____ frozen meat and pizzas - still in their air-tight bags.

Gurunavi said the pandemic has resulted (7) _____ food companies experimenting with different ways of freezing food. They want to make sure that frozen food tastes good, even after it thaws (8) _____. One of Japan's largest supermarkets has opened a specialized food shop called @Frozen. It sells over 1,500 different frozen food (9) _____. Japan's convenience stores have expanded their frozen food sections, and frozen food vending machines are (10) _____ up everywhere. Some sell frozen sushi. Japan's Frozen Food Association said changing lifestyles have increased the (11) _____ of frozen food. Japan's population is aging, so many older people find frozen dishes more convenient than cooking from (12) _____.

Put the correct words from the table below in the above article.

- | | | | | |
|-----|----------------|-------------|----------------|----------------|
| 1. | (a) whole | (b) all | (c) entire | (d) every |
| 2. | (a) goodly | (b) well | (c) goodness | (d) good |
| 3. | (a) up | (b) of | (c) as | (d) on |
| 4. | (a) trendy | (b) trends | (c) trending | (d) trendiness |
| 5. | (a) dining | (b) dine | (c) dinner | (d) dines |
| 6. | (a) at | (b) to | (c) of | (d) up |
| 7. | (a) on | (b) of | (c) in | (d) at |
| 8. | (a) in | (b) up | (c) out | (d) down |
| 9. | (a) itemize | (b) item | (c) itemed | (d) items |
| 10. | (a) hopping | (b) mopping | (c) shopping | (d) popping |
| 11. | (a) popularity | (b) popular | (c) popularize | (d) populate |
| 12. | (a) itch | (b) slash | (c) scratch | (d) such |

SPELLING

From <https://breakingnewsenglish.com/2212/221229-frozen-food.html>

Paragraph 1

1. Japanese food is so well ntereesdp
2. unlircay award
3. sentdr in what people eat
4. they tdcksoe up on frozen food
5. The judges selected a ivyaret
6. still in their air-ghtit bags

Paragraph 2

7. even after it hwsat out
8. a zdpeiicelsa food shop
9. expanded their frozen food oisnscte
10. frozen food enidngv machines
11. the aitroupypl of frozen food
12. Japan's iptunpooal is aging

PUT THE TEXT BACK TOGETHER

From <https://breakingnewsenglish.com/2212/221229-frozen-food.html>

Number these lines in the correct order.

- () machines are popping up everywhere. Some sell frozen sushi. Japan's Frozen Food Association said changing
- () of freezing food. They want to make sure that frozen food tastes good, even after it thaws
- () items. Japan's convenience stores have expanded their frozen food sections, and frozen food vending
- (**1**) Japanese food is famous all over the world. Everyone knows sushi, tempura and tofu. A lot of Japanese food is so
- () to food that highlights trends in what people eat. Frozen food got the prize in 2022 because of the Coronavirus
- () year, the Gurunavi Research Institute decides on the winner for its culinary award. The prize is given
- () cuisine. The judges selected a variety of frozen meat and pizzas - still in their air-tight bags.
- () pandemic. Many people did not dine out at top restaurants. Instead, they stocked
- () up on frozen food and ate at home. The winning frozen food was very basic - no examples of haute
- () well presented it looks like art. It is therefore a little surprising that Japan's "dish of the year" for 2022 is frozen food. Each
- () older people find frozen dishes more convenient than cooking from scratch.
- () Gurunavi said the pandemic has resulted in food companies experimenting with different ways
- () lifestyles have increased the popularity of frozen food. Japan's population is aging, so many
- () out. One of Japan's largest supermarkets has opened a specialized food shop called @Frozen. It sells over 1,500 different frozen food

PUT THE WORDS IN THE RIGHT ORDER

From <https://breakingnewsenglish.com/2212/221229-frozen-food.html>

1. is over all famous food Japanese world . the
2. so it like well presented looks It's art .
3. trends people that highlights in Food what eat .
4. dine out restaurants . not did at People top
5. stocked on home . They food at frozen up
6. different experimenting freezing of ways with food . They're
7. Make that good . frozen tastes sure food
8. vending machines are food Frozen up popping everywhere .
9. food . frozen popularity Lifestyles of have the increased
10. Frozen cooking . dishes more convenient than are

CIRCLE THE CORRECT WORD (20 PAIRS)

From <https://breakingnewsenglish.com/2212/221229-frozen-food.html>

Japanese food is famous *all / every* over the world. Everyone knows sushi, tempura and tofu. A lot of Japanese food is so *good / well* presented it looks like art. It is therefore a *little / small* surprising that Japan's "dish of the year" for 2022 is frozen food. *Each / Both* year, the Gurunavi Research Institute decides on the *winning / winner* for its culinary award. The prize is given to food that highlights trends *on / in* what people eat. Frozen food got the prize in 2022 because of the Coronavirus pandemic. Many people did not dine *up / out* at top restaurants. Instead, they stocked *up / down* on frozen food and ate at home. The winning frozen food was very *basic / basically* - no examples of haute cuisine. The judges selected a variety of frozen meat and pizzas - *still / since* in their air-tight bags.

Gurunavi said the pandemic *was / has* resulted in food companies experimenting with different *weighs / ways* of freezing food. They want to *make / take* sure that frozen food tastes good, *even / ever* after it thaws *out / in*. One of Japan's largest supermarkets has opened a specialized food shop called @Frozen. It sells over 1,500 different frozen food *item / items*. Japan's convenience stores have expanded *them / their* frozen food sections, and frozen food vending machines are *popping / piping* up everywhere. Some sell frozen sushi. Japan's Frozen Food Association said changing lifestyles *have / has* increased the popularity of frozen food. Japan's population is aging, so many older people *search / find* frozen dishes more convenient than cooking from scratch.

Talk about the connection between each pair of words in italics, and why the correct word is correct. Look up the definition of new words.

INSERT THE VOWELS (a, e, i, o, u)

From <https://breakingnewsenglish.com/2212/221229-frozen-food.html>

J_p_n_s_ f__d_ s_ f_m__s_ _ll_ _v_r_ th_ w_rld. _v_ry_n_ kn_ws_ s_sh_, t_m_p_r_ _nd_ t_f_. _l_t_ _f_ J_p_n_s_ f__d_ s_ s_ w_ll_ pr_s_nt_d_ _t_ l__ks_ l_k_ _rt. _t_ s_ th_r_f_r_ _l_ttl_ s_rpr_s_ng_ th_t_ J_p_n's_ "d_sh_ _f_ th_ y__r" _f_r_ 2022_ _s_ fr_z_n_ f__d_. __ch_ y__r, th_ G_r_n_v_ R_s__rch_ _nst_t_t_ d_c_d_s_ _n_ th_ w_nnr_ f_r_ _ts_ c_l_n_ry_ _w_rd. Th_ pr_z_ _s_ g_v_n_ t_ f__d_ th_t_ h_ghl_ghts_ tr_nds_ _n_ wh_t_ p__pl_ __t. Fr_z_n_ f__d_ g_t_ th_ pr_z_ _n_ 2022_ b_c__s_ _f_ th_ C_r_n_v_r_s_ p_nd_m_c. M_ny_ p__pl_ d_d_ n_t_ d_n_ __t_ _t_ t_p_ r_st__r_nts. _nst__d, th_y_ st_ck_d_ _p_ _n_ fr_z_n_ f__d_ _nd_ _t_ _t_ h_m_. Th_ w_nnng_ fr_z_n_ f__d_ w_s_ v_ry_ b_s_c_ - n_ _x_mpl_s_ _f_ h__t_ c__s_n_. Th_ j_dg_s_ s_l_ct_d_ _v_r__ty_ _f_ fr_z_n_ m__t_ _nd_ p_zz_s_ - st_ll_ _n_ th__r_ __r-t_ght_ b_gs.

G_r_n_v_ s__d_ th_ p_nd_m_c_ h_s_ r_s_lt_d_ _n_ f__d_ c_m_p_n__s_ _xp_r_m_nt_ng_ w_th_ d_ff_r_nt_ w_ys_ _f_ fr_z_ng_ f__d. Th_y_ w_nt_ t_ m_k_ s_r_ th_t_ fr_z_n_ f__d_ t_st_s_ g__d, _v_n_ _ft_r_ _t_ th_ws_ __t. _n_ _f_ J_p_n's_ l_rg_st_ s_p_rm_rk_ts_ h_s_ _p_n_d_ _s_p_c__l_z_d_ f__d_ sh_p_ c_ll_d_ @Fr_z_n. _t_ s_lls_ _v_r_ 1,500_ d_ff_r_nt_ fr_z_n_ f__d_ _t_ms. J_p_n's_ c_nv_n__nc_ st_r_s_ h_v_ _xp_nd_d_ th__r_ fr_z_n_ f__d_ s_ct__ns, _nd_ fr_z_n_ f__d_ v_nd_ng_ m_ch_n_s_ _r_ p_pp_ng_ _p_ _v_rywh_r_. S_m_ s_ll_ fr_z_n_ s_sh_. J_p_n's_ Fr_z_n_ F__d_ _ss_c__t__n_ s__d_ ch_ng_ng_ l_fstyl_s_ h_v_ _ncr__s_d_ th_ p_p_l_r_ty_ _f_ fr_z_n_ f__d. J_p_n's_ p_p_l_t__n_ _s_ _g_ng, s_ m_ny_ _ld_r_ p__pl_ f_nd_ fr_z_n_ d_sh_s_ m_r_ c_nv_n__nt_ th_n_ c__k_ng_ fr_m_ scr_tch.

PUNCTUATE THE TEXT AND ADD CAPITALS

From <https://breakingnewsenglish.com/2212/221229-frozen-food.html>

japanese food is famous all over the world everyone knows sushi tempura and tofu a lot of japanese food is so well presented it looks like art it is therefore a little surprising that japans dish of the year for 2022 is frozen food each year the gurunavi research institute decides on the winner for its culinary award the prize is given to food that highlights trends in what people eat frozen food got the prize in 2022 because of the coronavirus pandemic many people did not dine out at top restaurants instead they stocked up on frozen food and ate at home the winning frozen food was very basic no examples of haute cuisine the judges selected a variety of frozen meat and pizzas still in their airtight bags

gurunavi said the pandemic has resulted in food companies experimenting with different ways of freezing food they want to make sure that frozen food tastes good even after it thaws out one of japans largest supermarkets has opened a specialized food shop called frozen it sells over 1500 different frozen food items japans convenience stores have expanded their frozen food sections and frozen food vending machines are popping up everywhere some sell frozen sushi japans frozen food association said changing lifestyles have increased the popularity of frozen food japans population is aging so many older people find frozen dishes more convenient than cooking from scratch

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2212/221229-frozen-food.html>

Japanese food is famous all over the world. Everyone knows sushi, tempura and tofu. A lot of Japanese food is so well presented it looks like art. It is therefore a little surprising that Japan's "dish of the year" for 2022 is frozen food. Each year, the Gurunavi Research Institute decides on the winner for its culinary award. The prize is given to food that highlights trends in what people eat. Frozen food got the prize in 2022 because of the coronavirus pandemic. Many people did not dine out at top restaurants. Instead, they stocked up on frozen food and ate at home. The winning frozen food was very basic - no examples of haute cuisine. The judges selected a variety of frozen meat and pizzas - still in their air-tight bags. Gurunavi said the pandemic has resulted in food companies experimenting with different ways of freezing food. They want to make sure that frozen food tastes good, even after it thaws out. One of Japan's largest supermarkets has opened a specialized food shop called @Frozen. It sells over 1,500 different frozen food items. Japan's convenience stores have expanded their frozen food sections, and frozen food vending machines are popping up everywhere. Some sell frozen sushi. Japan's Frozen Food Association said changing lifestyles have increased the popularity of frozen food. Japan's population is aging, so many older people find frozen dishes more convenient than cooking from scratch.

HOMework

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find out more about this news story. Share what you discover with your partner(s) in the next lesson.

3. FROZEN FOOD: Make a poster about frozen food. Show your work to your classmates in the next lesson. Did you all have similar things?

4. VENDING MACHINES: Write a magazine article about creating more frozen food vending machines to help busy people. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

5. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

6. LETTER: Write a letter to an expert on frozen food. Ask him/her three questions about it. Give him/her three of your opinions on it. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

ANSWERS

VOCABULARY (p.4)

1. e 2. c 3. b 4. f 5. a 6. g 7. d
8. n 9. h 10. k 11. m 12. i 13. l 14. j

TRUE / FALSE (p.5)

- 1 F 2 T 3 T 4 F 5 F 6 F 7 T 8 T

SYNONYM MATCH (p.5)

1. h	2. i	3. a	4. f	5. c
6. j	7. d	8. g	9. b	10. e

COMPREHENSION QUESTIONS (p.9)

- All over the world
- Art
- Trends in what people eat
- Dining
- Air-tight bags
- After it thaws
- Over 1,500
- Frozen food vending machines
- Changing lifestyles
- Older people in Japan

WORDS IN THE RIGHT ORDER (p.19)

- Japanese food is famous all over the world.
- It's so well presented it looks like art.
- Food that highlights trends in what people eat.
- People did not dine out at top restaurants.
- They stocked up on frozen food at home.
- They're experimenting with different ways of freezing food.
- Make sure that frozen food tastes good.
- Frozen food vending machines are popping up everywhere.
- Lifestyles have increased the popularity of frozen food.
- Frozen dishes are more convenient than cooking.

MULTIPLE CHOICE - QUIZ (p.10)

1. b 2. c 3. d 4. b 5. a 6. a 7. d 8. c 9. d 10. b

ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.
(It's good for your English ;-)