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Better weight-loss drugs predicted for 2024 – 1st January 2024

Level 4

A New Year resolution is to lose weight. People could do this in 2024 because of new injectable drugs. The drugs have been effective in helping people shed weight. The drugs.com website said extensive studies of patients using a drug called Wegovy showed that 83 per cent of people lost 5 per cent or more of their weight compared to 31 per cent of those taking a placebo. A cardiologist said obesity drugs "are here to stay".

Industry experts said the new remedies were significant. The journal "Science" said they were medicine's "breakthrough" of 2023. This year could be even better for overweight people. A new drug called Zepbound has helped people lose an average of 20-25 per cent of their weight. An obesity specialist said the new drugs were "amazing, since they address the underlying physiological cause of weight regain".

Level 5

A common New Year resolution is to lose weight. This could be more achievable in 2024 because of recently-approved injectable drugs that have been particularly effective in helping people shed the kilos. The most well known of these drugs are Wegovy and Ozempic. The drugs.com website said extensive studies of patients using Wegovy showed that 83 per cent of participants lost 5 per cent or more of their weight compared to 31 per cent of those taking a placebo. A cardiologist said obesity drugs "are here to stay" and that more and more will come to the market.

Industry experts highlighted the significance of the new remedies. The journal "Science" said the weight-loss drugs were medicine's "breakthrough" of 2023. This year could be even better for overweight people, and for those who find it difficult to exercise. A new drug called Zepbound has been approved. People lost an average of 20-25 per cent of their weight by using it. An obesity specialist said the new drugs were "amazing, since they address the underlying physiological cause of weight regain". She said the test results were "very impressive".

Level 6

One of the most common New Year resolutions is to lose weight. Weight loss could be a more achievable prospect in 2024 because of recently-approved injectable drugs that have proven to be particularly effective in helping people shed the kilos (or pounds). They belong to a class of medications called GLP-1. The most well known of these are Wegovy and Ozempic. The drugs.com website reported that in extensive studies of patients using Wegovy, 83 per cent of participants lost 5 per cent or more of their weight compared to 31 per cent of those taking a placebo. A cardiologist at the Mayo Clinic said obesity drugs "are here to stay" and that "more and more of these drugs are coming to the market".

The significance of the new remedies has been highlighted by industry experts. The prestigious journal "Science" declared the family of weight-loss drugs to be medicine's "breakthrough of the year" for 2023. This year could prove to be even better for overweight people, and for those who find exercising difficult. A new drug called Zepbound has been approved. In clinical trials, people taking this lost an average of 20-25 per cent of their weight. Obesity specialist, doctor Juliana Simonetti, said the new drugs were "amazing, since they address the underlying physiological cause of weight regain". She added: "I've been working in this field over the last decade, and the results are very impressive."