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Level 0 – 16th May 2024

Internet access good for our health

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<https://breakingnewsenglish.com/2405/240516-internet-access-0.html>

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Please try Levels 1, 2 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/2405/240516-internet-access-0.html>

A report said that Internet access is good for us.

Researchers looked at two million people's Internet use and health, from 168 countries. The data was from the years 2006 to 2021. The researchers looked at life satisfaction and social life. People with Internet access were eight per cent happier.

The report said Internet access was as good as walking in nature. Being online helps people to learn new things and make friends. However, the research did not look at the harmful effects of social media. A researcher said:

"Different...uses of the Internet have [very] different effects on well-being."

Sources: <https://boingboing.net/2024/05/13/internet-access-may-improve-mental-health-as-much-as-a-walk-in-the-woods.html>
<https://www.bbc.com/news/articles/c89z2v0pjl3o>
<https://www.nature.com/articles/d41586-024-01410-z>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2405/240516-internet-access-0.html>

PARAGRAPH ONE:

- | | |
|--------------------------|-----------------------|
| 1. A report said | a. satisfaction |
| 2. Internet access | b. countries |
| 3. two million people's | c. is good for us |
| 4. from 168 | d. life |
| 5. The data was from the | e. Internet use |
| 6. life | f. years 2006 to 2021 |
| 7. social | g. happier |
| 8. eight per cent | h. that |

PARAGRAPH TWO:

- | | |
|--------------------------------|--------------------|
| 1. Internet access was as | a. things |
| 2. walking | b. the Internet |
| 3. Being online | c. of social media |
| 4. learn new | d. in nature |
| 5. make | e. helps people |
| 6. look at the harmful effects | f. good |
| 7. Different uses of | g. on well-being |
| 8. have very different effects | h. friends |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2405/240516-internet-access-0.html>

A (1) _____ Internet access is good for us.

Researchers (2) _____ million people's Internet

(3) _____, from 168 countries. The data was

(4) _____ 2006 to 2021. The researchers looked

at life satisfaction (5) _____. People with

Internet (6) _____ per cent happier.

The report said Internet access was as (7) _____

in nature. Being (8) _____ to learn new things

(9) _____. However, the research did not look at

(10) _____ of social media. A researcher said:

"Different...(11) _____ Internet have [very]

(12) _____ well-being."

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2405/240516-internet-access-0.html>

AreportsaidthatInternetaccessisgoodforus.Researcherslookedattw
omillionpeople'sInternetuseandhealth,from168countries.Thedataw
asfromtheyears2006to2021.Theresearcherslookedatlifesatisfactio
nandsociallife.PeoplewithInternetaccesswereeightpercenthappier.
ThereportsaidInternetaccesswasasgoodaswalkinginnature.Beingon
linehelpspeopletolearnnewthingsandmakefriends.However,therese
archdidnotlookattheharmfuleffectsofsocialmedia.Aresearchersaid:"
Different...usesoftheInternethave[very]differenteffectsonwell-bei
ng."

INTERNET ACCESS SURVEY

From <https://breakingnewsenglish.com/2405/240516-internet-access-0.html>

Write five GOOD questions about Internet access in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

