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Level 5 – 22nd July 2024

UK doctors to treat people suffering from eco-anxiety

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<https://breakingnewsenglish.com/2407/240722-eco-anxiety-5.html>

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Please try Levels 4 and 6. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/2407/240722-eco-anxiety-5.html>

Eco-anxiety is affecting larger numbers of young people worldwide. Doctors in the UK have been advised to talk about climate change with their patients. Under new guidelines, a health consultation might now consist of a medical diagnosis, along with advice on how to reduce carbon footprints. It might also include help on how to live with eco-anxiety. A British newspaper cited critics of the guidelines who called them "seriously unethical". They said: "Doctors should spend their precious time treating patients rather than lecturing them on 'politicised issues'."

The United Nations said eco-anxiety was "an emergency crisis hidden in plain sight". Eco-anxiety is stress caused by the constant worry about the climate crisis. The UN said the condition will severely affect the mental health of children. Downtoearth.com wrote: "Extreme weather events like wildfires, heatwaves, droughts, storms, and floods lead to displacement and food shortages, causing psychological harm to humans." A UN survey found that 59 per cent of young people in a study were distressed about the climate. The youngsters felt anxious and guilty.

Sources: <https://www.dailymail.co.uk/news/article-13637313/Now-doctors-told-lecture-climate-change-Health-leaders-tell-medics-look-eco-distress-promote-remote-appointments-cut-emissions.html>
<https://phys.org/news/2024-07-trillions-lost-worker-productivity-due.html>
<https://www.downtoearth.org.in/climate-change/eus-carbon-border-tax-mechanism-unfair-to-developing-countries-cse>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2407/240722-eco-anxiety-5.html>

PARAGRAPH ONE:

- | | |
|---------------------------------------|--------------------------|
| 1. talk about climate change | a. of the guidelines |
| 2. a health | b. diagnosis |
| 3. medical | c. patients |
| 4. help on how to live | d. with their patients |
| 5. A British newspaper cited critics | e. consultation |
| 6. seriously | f. on politicised issues |
| 7. spend their precious time treating | g. with eco-anxiety |
| 8. lecturing them | h. unethical |

PARAGRAPH TWO:

- | | |
|------------------------------------|--------------------------|
| 1. an emergency crisis hidden | a. to humans |
| 2. Eco-anxiety is stress caused by | b. to displacement |
| 3. Extreme weather | c. and guilty |
| 4. floods lead | d. events like wildfires |
| 5. food | e. the climate |
| 6. causing psychological harm | f. the constant worry |
| 7. distressed about | g. shortages |
| 8. youngsters felt anxious | h. in plain sight |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2407/240722-eco-anxiety-5.html>

Eco-anxiety (1) _____ numbers of young people worldwide. Doctors in the UK have been (2) _____ about climate change with their patients. Under new guidelines, a health consultation might now consist of (3) _____, along with advice on how to (4) _____. It might also include help on how to live with eco-anxiety. A British newspaper (5) _____ the guidelines who called them "seriously unethical". They said: "Doctors should spend their precious time treating patients (6) _____ them on 'politicised issues'."

The United Nations said eco-anxiety was "an emergency crisis (7) _____ sight". Eco-anxiety is stress caused by the (8) _____ the climate crisis. The UN said the condition will severely affect the mental health of children. Downtoearth.com wrote: "(9) _____ like wildfires, heatwaves, droughts, storms, and floods (10) _____ and food shortages, causing psychological (11) _____." A UN survey found that 59 per cent of young people in a study were distressed about the climate. The youngsters felt (12) _____.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2407/240722-eco-anxiety-5.html>

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ECO-ANXIETY SURVEY

From <https://breakingnewsenglish.com/2407/240722-eco-anxiety-4.html>

Write five GOOD questions about eco-anxiety in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

WRITING

From <https://breakingnewsenglish.com/2407/240722-eco-anxiety-5.html>

Write about **eco-anxiety** for 10 minutes. Read and talk about your partner’s paper.
