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**Eye colour change is riskiest cosmetic surgery – 2nd September 2024**

## Level 4

More people are having cosmetic surgery to improve their looks. However, procedures to change the colour of one's eyes are risky. Research conducted by an eyewear store states eye colour surgery has a 92 per cent chance of problems. The surgery is the riskiest cosmetic procedure. Operations include a procedure called keratopigmentation. This is a permanent colour change in which a special dye is inserted into the eyes with lasers.

An American eyecare group warned against eye colour change procedures. It said things can go wrong. These include dye leakage, allergic reactions, sensitivity to light, and blindness. It added: "Anything that we do with the eyes, we have to be very, very cautious." An eye specialist said getting coloured contact lenses was better than surgery. She said this, "can give you the look you want without putting your eye health at risk".

## Level 5

More people worldwide are opting for cosmetic surgery to improve their looks. What people may not know is that procedures to change the colour of one's eyes are the riskiest. Research conducted by an online eyewear store states eye colour surgery has a 92 per cent likelihood of complications. The surgery tops the list of riskiest cosmetic procedures. Operations include iris implants and pigment removal. There is also a procedure called keratopigmentation. This is a permanent colour change in which a special dye is inserted into the eyes using precision laser technology.

The American Academy of Ophthalmology warned against eye colour change procedures. It highlighted things that could go wrong. These include dye leakage, allergic reactions, sensitivity to light, vision loss, and ultimately blindness. It added: "Anything that we do with the eyes, we have to be very, very cautious." The researchers said it can take up to two months to recover from surgery. An ophthalmologist advised getting coloured contact lenses instead of an operation. She said this, "can give you the look you want without putting your eye health at risk".

## Level 6

Increasing numbers of people worldwide are opting for cosmetic surgery to enhance their looks. What prospective patients may not know is that procedures to change the colour of one's eyes are the riskiest. Research conducted by the online eyewear store Overnight Glasses asserts that eye colour surgery comes with a 92 per cent likelihood of complications. Eye colour change tops the researchers' list of riskiest cosmetic procedures. Such operations include iris implants and laser pigment removal. There is also a procedure called keratopigmentation. This is a permanent eye colour change in which a special colourant is inserted into the eyes using precision laser technology.

Earlier this year, the American Academy of Ophthalmology released a warning against eye colour change procedures. Dr Ashley Brissette highlighted things that could go wrong. These include dye leakage, allergic reactions, infections, sensitivity to light, damage to the cornea that can lead to cloudiness or vision loss, and ultimately blindness. She said: "Anything that we do with the eyes, we have to be very, very cautious." The researchers said recovery time can be up to two months, and the average cost of surgery is \$12,000. Ophthalmologist Nicole Bajic advised getting coloured contact lenses instead of going under the knife. She said this, "can give you the look you want without putting your eye health at risk".