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Level 3 – 29th May 2025

Sherpa climbs Mount Everest for record 31st time

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<https://breakingnewsenglish.com/2505/250529-record-everest-climb.html>

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Please try Levels 0, 1 and 2 (they are easier).

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THE ARTICLE

From <https://breakingnewsenglish.com/2505/250529-record-everest-climb.html>

A Sherpa from Nepal has broken the record for the most climbs to the top of Mount Everest. Kami Rita, 55, is a well-known guide in the Himalayas. He reached the summit of Mount Everest for the 31st time on Tuesday. He broke his own record of 30 climbs, which he set last year. Rita got to the top of the 8,849-metre mountain via the southeast route. He was the guide for a 22-member team from the Indian army. He also had help from 27 other Sherpas. The climb was organized by the company Seven Summit Treks. A company spokesman said Kami Rita was "a national climbing hero" and "a global symbol of Everest". Another spokesman called Rita "a very passionate climber".

Kami Rita has the nickname "Everest Man". He first climbed Everest in 1994. He has led treks to the summit almost every year since then. He is one of more than 8,000 people to have got to the top of the world's highest peak. The first people to have officially climbed Everest were New Zealander Edmund Hillary and Sherpa Tenzing Norgay. They did this in 1953. More and more climbers are trying to get to the summit every year. They all need a special permit. In 2008, Nepal issued 160 permits. That number increased to 421 last year. Nepal limits the number of permits for safety reasons. There are many dangers to climbing Everest. These include altitude sickness, freezing weather, and avalanches.

Sources: <https://www.reuters.com/lifestyle/nepali-sherpa-scales-mount-everest-record-31st-time-2025-05-27/>
<https://www.independent.co.uk/news/mount-everest-sherpa-nepal-kathmandu-tenzing-norgay-b2758193.html>
https://en.wikipedia.org/wiki/Mount_Everest#Climbing

WARM-UPS

1. MT. EVEREST: Students walk around the class and talk to other students about Mt. Everest. Change partners often and share your findings.

2. CHAT: In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

Sherpas / Nepal / Mount Everest / climbing / records / guide / hero / global / symbol / nickname / peak / permit / safety / altitude sickness / freezing weather / avalanches

Have a chat about the topics you liked. Change topics and partners frequently.

3. MOUNTAIN CLIMBING: Students A **strongly** believe mountain climbing is a great hobby; Students B **strongly** believe it isn't. Change partners again and talk about your conversations.

4. WORLD RECORDS: Which of these records are hardest? Would you like to try? Complete this table with your partner(s). Change partners often and share what you wrote.

	How Hard?	Would You Like to Try?
Climbing Everest		
Eating pizza		
Dancing		
Living longest		
Having most shoes		
Biggest English vocabulary		

5. EVEREST: Spend one minute writing down all of the different words you associate with the word "Everest". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

6. EXCITING HOBBIES: Rank these with your partner. Put the most exciting hobbies at the top. Change partners often and share your rankings.

- Mountain climbing
- Sky-diving
- Scuba-diving
- Karting
- Jungle trekking
- White-water rafting
- Gaming
- Playing the guitar

VOCABULARY MATCHING

Paragraph 1

- | | |
|------------------|---|
| 1. record (noun) | a. Planned and prepared carefully. |
| 2. guide (noun) | b. The very top of a mountain. |
| 3. summit | c. A person who shows and helps others during a trip. |
| 4. route (noun) | d. Showing strong love or interest in something. |
| 5. organized | e. The best or highest result ever done in something. |
| 6. symbol | f. The way or path to go from one place to another. |
| 7. passionate | g. A picture or thing that shows a special meaning. |

Paragraph 2

- | | |
|-------------------|---|
| 8. nickname | h. The top part of a mountain. |
| 9. peak (noun) | i. The height of something above the ground or sea. |
| 10. permit (noun) | j. A large amount of snow that falls quickly down a mountain. |
| 11. limit (verb) | k. A paper or card that says you can do something. |
| 12. altitude | l. Very, very cold (usually below -0°C). |
| 13. freezing | m. To stop something from going too high or too far. |
| 14. avalanche | n. A short or funny name people use instead of a real name. |

BEFORE READING / LISTENING

From <https://breakingnewsenglish.com/2505/250529-record-everest-climb.html>

1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

1. An Indian Sherpa has broken the record for most Everest climbs. **T / F**
2. The Sherpa has the most and second most climbs of Everest. **T / F**
3. Mount Everest is over 8,800 metres high. **T / F**
4. The Sherpa led a trek for Indian soldiers. **T / F**
5. The Sherpa first climbed Everest in 1984. **T / F**
6. The first people climbed Everest in 1953. **T / F**
7. Nepal issued over 4,000 permits for people to climb Everest last year. **T / F**
8. The article says one danger of climbing Everest is morning sickness. **T / F**

2. SYNONYM MATCH: (The words in **bold** are from the news article.)

- | | |
|-----------------------|-----------------|
| 1. well-known | a. trips |
| 2. reached | b. idol |
| 3. hero | c. got to |
| 4. global | d. document |
| 5. passionate | e. snowslides |
| 6. treks | f. famous |
| 7. permit | g. hazards |
| 8. limits | h. enthusiastic |
| 9. dangers | i. controls |
| 10. avalanches | j. worldwide |

3. PHRASE MATCH: (Sometimes more than one choice is possible.)

- | | |
|--|---------------------------|
| 1. the record for the most climbs to the | a. "Everest Man" |
| 2. Kami Rita, 55, is a well-known | b. route |
| 3. He broke his own | c. weather |
| 4. via the southeast | d. permit |
| 5. Kami Rita was a national climbing | e. record of 30 climbs |
| 6. Kami Rita has the nickname | f. sickness |
| 7. The first people to have officially | g. top of Mount Everest |
| 8. They all need a special | h. hero |
| 9. altitude | i. climbed Everest |
| 10. freezing | j. guide in the Himalayas |

GAP FILL

From <https://breakingnewsenglish.com/2505/250529-record-everest-climb.html>

A Sherpa from Nepal has (1) _____ the record for the most climbs to the top of Mount Everest. Kami Rita, 55, is a well-known (2) _____ in the Himalayas. He reached the (3) _____ of Mount Everest for the 31st time on Tuesday. He broke his own record of 30 climbs, which he (4) _____ last year. Rita got to the top of the 8,849-metre mountain via the southeast (5) _____. He was the guide for a 22-member team from the Indian army. He also had help from 27 other Sherpas. The (6) _____ was organized by the company Seven Summit Treks. A company spokesman said Kami Rita was "a national climbing (7) _____" and "a global symbol of Everest". Another spokesman called Rita "a very passionate (8) _____".

guide

climb

set

climber

broken

hero

summit

route

Kami Rita has the (9) _____ "Everest Man". He first climbed Everest in 1994. He has led (10) _____ to the summit almost every year since then. He is one of more than 8,000 people to have got to the top of the world's highest (11) _____. The first people to have (12) _____ climbed Everest were New Zealander Edmund Hillary and Sherpa Tenzing Norgay. They did this in 1953. More and more climbers are (13) _____ to get to the summit every year. They all need a special (14) _____. In 2008, Nepal issued 160 permits. That number increased to 421 last year. Nepal limits the (15) _____ of permits for safety reasons. There are many dangers to climbing Everest. These include altitude sickness, freezing (16) _____, and avalanches.

trying

treks

weather

permit

peak

nickname

number

officially

LISTENING – Guess the answers. Listen to check.

From <https://breakingnewsenglish.com/2505/250529-record-everest-climb.html>

- 1) A Sherpa from Nepal has broken the record for _____
 - a. the most climbers
 - b. the most climb
 - c. the most limbs
 - d. the most climbs
- 2) Kami Rita, 55, is a _____
 - a. well-known guides
 - b. well-known guidance
 - c. well-known guided
 - d. well-known guide
- 3) He broke his own record of 30 climbs, which he _____
 - a. set last year
 - b. bet last year
 - c. let last year
 - d. met last year
- 4) Rita got to the top of the 8,849-metre mountain via _____
 - a. the southeast route
 - b. the southeast root
 - c. the southeast rout
 - d. the southeast loot
- 5) A company spokesman said Kami Rita was a national climbing hero and _____
 - a. a global symbols
 - b. a globally symbol
 - c. a global symbol
 - d. a global cymbal
- 6) He has led treks to the summit almost every _____
 - a. year since them
 - b. year since then
 - c. year for then
 - d. year sins then
- 7) more than 8,000 people to have got to the top of the _____
 - a. world's highest peek
 - b. world's highest perk
 - c. world's highest speak
 - d. world's highest peak
- 8) More and more climbers are trying to get to the _____
 - a. summit even year
 - b. summit ever year
 - c. summit eve year
 - d. summit every year
- 9) That number increased to 421 last year. Nepal limits the number of permits _____
 - a. for safety reasons
 - b. for safety reason
 - c. for safety raisons
 - d. for safety rations
- 10) These include altitude _____
 - a. sickness, freeze in weather
 - b. sickness, freezing weather
 - c. sickness, freezing whether
 - d. stickiness, freezing weather

LISTENING – Listen and fill in the gaps

From <https://breakingnewsenglish.com/2505/250529-record-everest-climb.html>

A Sherpa from Nepal has (1) _____ for the most climbs to the top of Mount Everest. Kami Rita, 55, is a well-known guide in the Himalayas. He (2) _____ of Mount Everest for the 31st time on Tuesday. He broke his own record of 30 climbs, (3) _____ last year. Rita got to the top of the 8,849-metre mountain via the southeast route. He was (4) _____ a 22-member team from the Indian army. He also had help from 27 other Sherpas. The climb was (5) _____ company Seven Summit Treks. A company spokesman said Kami Rita was "a national climbing hero" and "a global symbol of Everest". Another spokesman called Rita "a (6) _____".

Kami Rita (7) _____ "Everest Man". He first climbed Everest in 1994. He has led treks to (8) _____ every year since then. He is one of more than 8,000 people to have got to the top of the world's highest peak. The first people (9) _____ climbed Everest were New Zealander Edmund Hillary and Sherpa Tenzing Norgay. They did this in 1953. More and more climbers are trying to get to the (10) _____. They all need a special permit. In 2008, Nepal issued 160 permits. That number increased to 421 last year. Nepal (11) _____ of permits for safety reasons. There are many dangers to climbing Everest. These include altitude (12) _____, and avalanches.

COMPREHENSION QUESTIONS

From <https://breakingnewsenglish.com/2505/250529-record-everest-climb.html>

1. How old is the record-breaking Sherpa?
2. Who holds the record for the second most climbs of Mount Everest?
3. Who was Kami Rita taking to the top of Mount Everest?
4. How many other Sherpas helped Kami Rita?
5. What did a trekking company spokesperson say Rita was a symbol of?
6. What is Kami Rita's nickname?
7. How many people have climbed Mount Everest?
8. When did people climb Mount Everest for the first time?
9. What do people need to be able to climb Mount Everest?
10. What kind of sickness might people get on Mount Everest?

MULTIPLE CHOICE - QUIZ

From <https://breakingnewsenglish.com/2505/250529-record-everest-climb.html>

- 1) How old is the record-breaking Sherpa?
 - a) 35
 - b) 45
 - c) 55
 - d) 65
- 2) Who holds the record for the second most climbs of Mount Everest?
 - a) Kami Rita
 - b) a Chinese climber
 - c) an Indian climber
 - d) an American climber
- 3) Who was Kami Rita taking to the top of Mount Everest?
 - a) members of the Indian army
 - b) members of his family
 - c) children
 - d) a group of TikTokers
- 4) How many other Sherpas helped Kami Rita?
 - a) 30
 - b) 29
 - c) 28
 - d) 27
- 5) What did a trekking company spokesperson say Rita was a symbol of?
 - a) Sherpa lifestyle
 - b) Nepal
 - c) heroism
 - d) Everest
- 6) What is Kami Rita's nickname?
 - a) Himalaya Man
 - b) Everest Man
 - c) Sherpa Man
 - d) Nepal Man
- 7) How many people have climbed Mount Everest?
 - a) more than 8,000
 - b) exactly 8,000
 - c) just fewer than 8,000
 - d) about 8,000
- 8) When did people climb Mount Everest for the first time?
 - a) 1951
 - b) 1952
 - c) 1953
 - d) 1954
- 9) What do people need to be able to climb Mount Everest?
 - a) special food
 - b) special oxygen
 - c) special boots
 - d) a special permit
- 10) What kind of sickness might people get on Mount Everest?
 - a) altitude sickness
 - b) morning sickness
 - c) travel sickness
 - d) sea sickness

ROLE PLAY

From <https://breakingnewsenglish.com/2505/250529-record-everest-climb.html>

Role A – Mountain Climbing

You think mountain climbing is the most exciting hobby. Tell the others three reasons why. Tell them what is wrong with their hobbies. Also, tell the others which is the least exciting of these (and why): gaming, sky-diving or jungle trekking.

Role B – Gaming

You think gaming is the most exciting hobby. Tell the others three reasons why. Tell them what is wrong with their hobbies. Also, tell the others which is the least exciting of these (and why): mountain climbing, sky-diving or jungle trekking.

Role C – Sky-diving

You think sky-diving is the most exciting hobby. Tell the others three reasons why. Tell them what is wrong with their hobbies. Also, tell the others which is the least exciting of these (and why): gaming, mountain climbing or jungle trekking.

Role D – Jungle Trekking

You think jungle trekking is the most exciting hobby. Tell the others three reasons why. Tell them what is wrong with their hobbies. Also, tell the others which is the least exciting of these (and why): gaming, sky-diving or mountain climbing.

AFTER READING / LISTENING

From <https://breakingnewsenglish.com/2505/250529-record-everest-climb.html>

1. WORD SEARCH: Look online / in your dictionary to find collocates, information on, synonyms for... the words 'Everest' and 'climb'.

Everest	climb

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

2. ARTICLE QUESTIONS: Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

3. GAP FILL: In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

4. VOCABULARY: Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

5. TEST EACH OTHER: Look at the words below. With your partner, try to recall how they were used in the text:

<ul style="list-style-type: none">• broken• known• own• help• hero• passionate	<ul style="list-style-type: none">• nickname• since• peak• 1953• 421• include
---	--

MT. EVEREST SURVEY

From <https://breakingnewsenglish.com/2505/250529-record-everest-climb.html>

Write five GOOD questions about Mt. Everest in the table. Do this in pairs. Each student must write the questions on his / her own paper.
When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

MOUNT EVEREST DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'Everest'?
3. What do you know about Mount Everest?
4. Why do so many people want to climb Mount Everest?
5. What do you think of mountain climbing as a hobby?
6. What's your favourite mountain?
7. Who are the heroes in your country?
8. What are you passionate about?
9. Should we protect Mount Everest by stopping all climbs?
10. What advice do you have for Sherpa Kami Rita?

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MOUNT EVEREST DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'climb'?
13. What do you think about what you read?
14. Would you like to climb Mount Everest?
15. Do you prefer mountains or beaches?
16. Do you have a nickname?
17. What are the dangers of climbing mountains?
18. What do you think of freezing weather?
19. What do you know about altitude sickness?
20. What questions would you like to ask Kami Rita?

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

LANGUAGE - CLOZE

From <https://breakingnewsenglish.com/2505/250529-record-everest-climb.html>

A Sherpa from Nepal has (1) _____ the record for the most climbs to the top of Mount Everest. Kami Rita, 55, is a well-(2) _____ guide in the Himalayas. He reached the summit of Mount Everest for the 31st time on Tuesday. He broke his (3) _____ record of 30 climbs, which he set last year. Rita got to the top of the 8,849-metre mountain via the southeast (4) _____. He was the guide for a 22-member team from the Indian army. He also had help (5) _____ 27 other Sherpas. The climb was organized by the company Seven Summit Treks. A company spokesman said Kami Rita was "a national climbing hero" and "a global symbol (6) _____ Everest". Another spokesman called Rita "a very passionate climber".

Kami Rita has the nickname "Everest Man". He first climbed Everest in 1994. He has (7) _____ treks to the summit almost every year since then. He is one of more than 8,000 people to have got to the top of the world's highest peak. The first people to have (8) _____ climbed Everest were New Zealander Edmund Hillary and Sherpa Tenzing Norgay. They did this in 1953. More and (9) _____ climbers are trying to get to the summit every year. They all need a special permit. In 2008, Nepal issued 160 permits. That number increased (10) _____ 421 last year. Nepal limits the number of permits for (11) _____ reasons. There are many dangers to climbing Everest. These include altitude (12) _____, freezing weather, and avalanches.

Put the correct words from the table below in the above article.

- | | | | | |
|-----|----------------|-----------------|--------------|---------------|
| 1. | (a) broke | (b) breaking | (c) breaks | (d) broken |
| 2. | (a) know | (b) knows | (c) knowing | (d) known |
| 3. | (a) down | (b) own | (c) sown | (d) town |
| 4. | (a) root | (b) rout | (c) route | (d) router |
| 5. | (a) by | (b) of | (c) from | (d) at |
| 6. | (a) of | (b) by | (c) to | (d) at |
| 7. | (a) sled | (b) led | (c) fled | (d) bled |
| 8. | (a) officially | (b) officialdom | (c) official | (d) officials |
| 9. | (a) most | (b) more | (c) many | (d) much |
| 10. | (a) of | (b) at | (c) to | (d) by |
| 11. | (a) safely | (b) safe | (c) safety | (d) save |
| 12. | (a) cold | (b) ill | (c) sick | (d) sickness |

SPELLING

From <https://breakingnewsenglish.com/2505/250529-record-everest-climb.html>

Paragraph 1

1. a well-known uiegd in the Himalayas
2. He reached the mismtu of Mount Everest
3. via the southeast toeur
4. Kami Rita was a ntnaloai climbing hero
5. a global bmosyl
6. a very apesaosnit climber

Paragraph 2

7. people to have ifillcofya climbed Everest
8. They all need a special metrpi
9. yaseft reasons
10. That number rsaeidnec to 421 last year
11. These include eudlttia sickness
12. rgfzenei weather and avalanches

PUT THE TEXT BACK TOGETHER

From <https://breakingnewsenglish.com/2505/250529-record-everest-climb.html>

Number these lines in the correct order.

- (**1**) A Sherpa from Nepal has broken the record for the most climbs to the top
- () and Sherpa Tenzing Norgay. They did this in 1953. More and more climbers are trying to
- () by the company Seven Summit Treks. A company spokesman said Kami Rita was "a national climbing
- () dangers to climbing Everest. These include altitude sickness, freezing weather, and avalanches.
- () every year since then. He is one of more than 8,000 people to have got to the top of the world's
- () for a 22-member team from the Indian army. He also had help from 27 other Sherpas. The climb was organized
- () get to the summit every year. They all need a special permit. In 2008, Nepal issued 160 permits. That number
- () hero" and "a global symbol of Everest". Another spokesman called Rita "a very passionate climber".
- () highest peak. The first people to have officially climbed Everest were New Zealander Edmund Hillary
- () increased to 421 last year. Nepal limits the number of permits for safety reasons. There are many
- () Kami Rita has the nickname "Everest Man". He first climbed Everest in 1994. He has led treks to the summit almost
- () last year. Rita got to the top of the 8,849-metre mountain via the southeast route. He was the guide
- () of Mount Everest. Kami Rita, 55, is a well-known guide in the Himalayas. He reached the
- () summit of Mount Everest for the 31st time on Tuesday. He broke his own record of 30 climbs, which he set

PUT THE WORDS IN THE RIGHT ORDER

From <https://breakingnewsenglish.com/2505/250529-record-everest-climb.html>

1. A from record has Nepal the broken Sherpa .
2. The climbs most of Everest to the top .
3. He record 30 broke climbs his of own .
4. He the team was 22-member a for guide .
5. Another Rita passionate a very spokesman called climber .
6. He the treks year every summit led to .
7. Got the of highest top to peak the .
8. Climbers summit the trying get are to to .
9. Nepal the safety of number limits for permits .
10. There Everest dangers climbing are to many .

CIRCLE THE CORRECT WORD (20 PAIRS)

From <https://breakingnewsenglish.com/2505/250529-record-everest-climb.html>

A Sherpa from Nepal has *broken / breaking* the record for the most climbs to the *atop / top* of Mount Everest. Kami Rita, 55, is a well-known guide in the Himalayas. He *reached / reaches* the summit of Mount Everest for the 31st time on Tuesday. He broke his *down / own* record of 30 climbs, which he *set / get* last year. Rita got to the top *of / to* the 8,849-metre mountain via the southeast route. He was the guide *for / by* a 22-member team from the Indian army. He also had help *of / from* 27 other Sherpas. The climb was organized by the company Seven Summit Treks. A company spokesman said Kami Rita was "a national climbing *heroism / hero*" and "a global symbol of Everest". Another spokesman called Rita "a very *passionate / passion* climber".

Kami Rita has the *nicknamed / nickname* "Everest Man". He *first / fast* climbed Everest in 1994. He has *sled / led* treks to the summit almost every year *for / since* then. He is one of more than 8,000 people to have got to the top of the world's highest *peek / peak*. The first people to have officially climbed Everest *were / was* New Zealander Edmund Hillary and Sherpa Tenzing Norgay. They did this in 1953. More and *most / more* climbers are trying to get to the summit every year. They *all / every* need a special permit. In 2008, Nepal issued 160 permits. That number increased to 421 last year. Nepal *limiting / limits* the number of permits for safety reasons. There are many dangers to climbing Everest. These *include / includes* altitude sickness, freezing weather, and avalanches.

Talk about the connection between each pair of words in italics, and why the correct word is correct. Look up the definition of new words.

INSERT THE VOWELS (a, e, i, o, u)

From <https://breakingnewsenglish.com/2505/250529-record-everest-climb.html>

_ Sh_rp_ fr_m N_p_l h_s br_k_n th_ r_c_rd f_r th_
m_st cl_mbs t_ th_ t_p _f M__nt _v_r_st. K_m_ R_t_,
55, _s _ w_ll-kn_wn g__d_ _n th_ H_m_l_y_s. H_
r__ch_d th_ s_mm_t _f M__nt _v_r_st f_r th_ 31st
t_m_ _n T__sd_y. H_ br_k_ h_s _wn r_c_rd _f 30
cl_mbs, wh_ch h_ s_t l_st y__r. R_t_ g_t t_ th_ t_p
f th 8,849-m_tr_ m__nt__n v__ th_ s__th__st r__t_.
H_ w_s th_ g__d_ f_r _ 22-m_mb_r t__m fr_m th_
_nd__n _rmy. H_ _ls_ h_d h_lp fr_m 27 _th_r
Sh_rp_s. Th_ cl_mb w_s _rg_n_z_d by th_ c_mp_ny
S_v_n S_mm_t Tr_ks. _ c_mp_ny sp_k_sm_n s__d K_m_
R_t_ w_s "_ n_t__n_l cl_mb_ng h_r_" _nd "_ gl_b_l
symb_l _f _v_r_st". _n_th_r sp_k_sm_n c_ll_d R_t_ "_
v_ry p_ss__n_t_ cl_mb_r".

K_m_ R_t_ h_s th_ n_ckn_m_ "_v_r_st M_n". H_ f_rst
cl_mb_d _v_r_st _n 1994. H_ h_s l_d tr_ks t_ th_
s_mm_t _lm_st _v_ry y__r s_nc_ th_n. H_ _s _n_ _f
m_r_ th_n 8,000 p__pl_ t_ h_v_ g_t t_ th_ t_p _f
th_ w_rld's h_gh_st p__k. Th_ f_rst p__pl_ t_ h_v_
_ff_c__lly cl_mb_d _v_r_st w_r_ N_w Z__l_nd_r _dm_nd
H_ll_ry _nd Sh_rp_ T_nz_ng N_rg_y. Th_y d_d th_s _n
1953. M_r_ _nd m_r_ cl_mb_rs _r_ try_ng t_ g_t t_
th_ s_mm_t _v_ry y__r. Th_y _ll n__d _ sp_c__l
p_rm_t. _n 2008, N_p_l _ss__d 160 p_rm_ts. Th_t
n_mb_r _ncr__s_d t_ 421 l_st y__r. N_p_l l_m_ts th_
n_mb_r _f p_rm_ts f_r s_f_ty r__s_ns. Th_r_ _r_ m_ny
d_ng_rs t_ cl_mb_ng _v_r_st. Th_s_ _ncl_d_ _lt_t_d_
s_ckn_ss, fr__z_ng w__th_r, _nd _v_l_nch_s.

PUNCTUATE THE TEXT AND ADD CAPITALS

From <https://breakingnewsenglish.com/2505/250529-record-everest-climb.html>

a sherpa from nepal has broken the record for the most climbs to the top of mount everest kami rita 55 is a well-known guide in the himalayas he reached the summit of mount everest for the 31st time on tuesday he broke his own record of 30 climbs which he set last year rita got to the top of the 8849-metre mountain via the southeast route he was the guide for a 22-member team from the indian army he also had help from 27 other sherpas the climb was organized by the company seven summit treks a company spokesman said kami rita was "a national climbing hero" and "a global symbol of everest" another spokesman called rita "a very passionate climber"

kami rita has the nickname "everest man" he first climbed everest in 1994 he has led treks to the summit almost every year since then he is one of more than 8000 people to have got to the top of the world's highest peak the first people to have officially climbed everest were new zealander edmund hillary and sherpa tenzing norgay they did this in 1953 more and more climbers are trying to get to the summit every year they all need a special permit in 2008 nepal issued 160 permits that number increased to 421 last year nepal limits the number of permits for safety reasons there are many dangers to climbing everest these include altitude sickness freezing weather and avalanches

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2505/250529-record-everest-climb.html>

ASherpafromNepalhasbrokentherecordforthemostclimbstothetopof MountEverest.KamiRita,55,isawell-knownguideintheHimalayas.He reachedthesummitofMountEverestforthe31sttimeonTuesday.He brokehisownrecordof30climbs,whichhesetlastyear.Ritagottothetopof the8,849-metremountainviathesoutheastroute.Hewastheguidefor a22-memberteamfromtheIndianarmy.Healsohadhelpfrom27otherSherpas.TheclimbwasorganizedbythecompanySevenSummitTreks .AcompanyspokesmansaidKamiRitawas"anationalclimbinghero"and"aglobalsymbolofEverest".AnotherspokesmancalledRita"averypassionateclimber".KamiRitahasthenickname"EverestMan".HefirstclimbedEverestin1994.Hehasledtrekstothesummitalmosteveryyearsincethen.Heisoneofmorethan8,000peopletohavegottothetopoftheworld'shighestpeak.ThefirstpeopletohaveofficiallyclimbedEverestwereNewZealanderEdmundHillaryandSherpaTenzingNorgay.Theydidthisin1953.Moreandmoreclimbersaretryingtogettothesummiteveryyear .Theyallneedaspecialpermit.In2008,Nepalissued160permits.Thathumberincreasedto421lastyear.Nepallimitsthenumberofpermitsfor safetyreasons.TherearemanydangerstoclimbingEverest.Theseincludealtitudesickness,freezingweather,andavalanches.

FREE WRITING

From <https://breakingnewsenglish.com/2505/250529-record-everest-climb.html>

Write about **Mt. Everest** for 10 minutes. Comment on your partner's paper.

[illegible]

ACADEMIC WRITING

From <https://breakingnewsenglish.com/2505/250529-record-everest-climb.html>

Climbing Mount Everest is the biggest challenge on Earth. Discuss.

[illegible]

HOMEWORK

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find out more about this news story. Share what you discover with your partner(s) in the next lesson.

3. MOUNT EVEREST: Make a poster about Mount Everest. Show your work to your classmates in the next lesson. Did you all have similar things?

4. CLIMBING: Write a magazine article about all schools having a mountain climbing club. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

5. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

6. LETTER: Write a letter to an expert on Mt. Everest. Ask him/her three questions about it. Give him/her three of your opinions on Mt. Everest. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

ANSWERS

VOCABULARY (p.4)

1. e 2. c 3. b 4. f 5. a 6. g 7. d
8. n 9. h 10. k 11. m 12. i 13. l 14. j

TRUE / FALSE (p.5)

- 1 F 2 T 3 T 4 T 5 F 6 T 7 F 8 F

SYNONYM MATCH (p.5)

1. f	2. c	3. b	4. j	5. h
6. a	7. d	8. i	9. g	10. e

COMPREHENSION QUESTIONS (p.9)

1. Fifty-five
2. Kami Rita
3. Members of the Indian army
4. Twenty-nine
5. Everest
6. Everest Man
7. More than 8,000
8. 1953
9. A special permit
10. Altitude sickness

WORDS IN THE RIGHT ORDER (p.19)

1. A Sherpa from Nepal has broken the record.
2. The most climbs to the top of Everest.
3. He broke his own record of 30 climbs.
4. He was the guide for a 22-member team.
5. Another spokesman called Rita a very passionate climber.
6. He led treks to the summit every year.
7. Got to the top of the highest peak.
8. Climbers are trying to get to the summit.
9. Nepal limits the number of permits for safety.
10. There are many dangers to climbing Everest.

MULTIPLE CHOICE - QUIZ (p.10)

1. c 2. a 3. a 4. b 5. d 6. b 7. a 8. c 9. d 10. a

ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.
(It's good for your English ;-)