

# Breaking News English.com

Ready-to-Use English Lessons by Sean Banville

**“1,000 IDEAS & ACTIVITIES  
FOR LANGUAGE TEACHERS”**

[breakingnewsenglish.com/book.html](http://breakingnewsenglish.com/book.html)

**Thousands more free lessons  
from Sean's other websites**

[www.freесlmaterials.com/sean\\_banville\\_lessons.html](http://www.freесlmaterials.com/sean_banville_lessons.html)

**Level 4 – 2nd February 2026**

**New powder whitens, repairs and protects teeth**

**FREE online quizzes, mp3 listening and more for this lesson here:**

[https://breakingnewsenglish.com/2602/260202-white-teeth-powder-4.html](http://breakingnewsenglish.com/2602/260202-white-teeth-powder-4.html)

## Contents

The Reading	2
Phrase Matching	3
Listening Gap Fill	4
No Spaces	5
Survey	6
Writing and Speaking	7
Writing	8

**Please try Levels 5 and 6. They are (a little) harder.**

**X (Twitter)**



[X.com/SeanBanville](http://X.com/SeanBanville)

**Facebook**



[www.facebook.com/pages/BreakingNewsEnglish/155625444452176](http://www.facebook.com/pages/BreakingNewsEnglish/155625444452176)

# THE READING

From <https://breakingnewsenglish.com/2602/260202-white-teeth-powder-4.html>

White teeth are widely sought after. Movies, ads, and social media have made perfectly white teeth a must-have. People have long-used chemical whiteners to get perfectly white teeth. However, these can damage the teeth and gums. Researchers have tested a teeth-whitening ceramic powder to rid teeth of stains. Researcher Min Xing said it is a safe teeth-whitening product that also repairs enamel. Min added that it was good for long-term oral health.

The researchers said the powder works when the vibrations of an electric toothbrush activate small electric fields over the teeth. These break down stains. The researchers said their laboratory tests were very promising. They tested human teeth that were stained with tea and coffee. After 12 hours of cleaning, the teeth were 50 per cent whiter than those that were brushed normally. The next step is to add the powder to toothpaste.

Sources: <https://dentistry.co.uk/2026/01/27/toothbrush-activated-powder-developed-for-at-home-whitening/>  
<https://www.msn.com/en-us/health/other/toothbrush-activated-powder-whitens-repairs-and-protects-teeth/ar-AA1V280L>  
<https://scitechdaily.com/whiter-teeth-without-the-damage-this-new-powder-could-change-oral-care/>

# PHRASE MATCHING

From <https://breakingnewsenglish.com/2602/260202-white-teeth-powder-4.html>

## PARAGRAPH ONE:

1. White teeth are widely	a. whiteners
2. perfectly	b. of stains
3. a must-	c. health
4. People have long-used chemical	d. have
5. damage the teeth	e. sought after
6. rid teeth	f. product
7. a safe teeth-whitening	g. white teeth
8. long-term oral	h. and gums

## PARAGRAPH TWO:

1. the vibrations of an	a. very promising
2. activate small	b. cleaning
3. These break	c. to toothpaste
4. their laboratory tests were	d. electric fields
5. teeth that were stained	e. step
6. after 12 hours of	f. with tea
7. the next	g. electric toothbrush
8. add the powder	h. down stains

## **LISTEN AND FILL IN THE GAPS**

From <https://breakingnewsenglish.com/2602/260202-white-teeth-powder-4.html>

White teeth are (1) \_\_\_\_\_. Movies, ads, and social media have (2) \_\_\_\_\_ teeth a must-have. People have (3) \_\_\_\_\_ whiteners to get perfectly white teeth. However, these can damage the teeth and gums. Researchers have tested a teeth-whitening ceramic powder to (4) \_\_\_\_\_ stains. Researcher Min Xing said it is a safe teeth-whitening product that (5) \_\_\_\_\_. Min added that it was good for long-(6) \_\_\_\_\_.  
  
The researchers said the powder works when (7) \_\_\_\_\_ an electric toothbrush activate small (8) \_\_\_\_\_ the teeth. These break down stains. The researchers said their laboratory tests (9) \_\_\_\_\_. They tested human teeth that were (10) \_\_\_\_\_ and coffee. After 12 hours of cleaning, the teeth were 50 per cent whiter than those that (11) \_\_\_\_\_. The next step (12) \_\_\_\_\_ the powder to toothpaste.

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2602/260202-white-teeth-powder-4.html>

White teeth are widely sought after. Movies, ads, and social media have made perfectly white teeth a must-have. People have long-used chemical whiteners to get perfectly white teeth. However, these can damage the teeth and gums. Researchers have tested a teeth-whitening ceramic powder to rid teeth of stains. Researcher Min Xing said it is a safe teeth-whitening product that also repairs enamel. Min added that it was good for long-term oral health. The researchers said the powder works when the vibrations of an electric toothbrush activate small electric fields over the teeth. These breakdown stains. The researchers said their laboratory tests were very promising. They tested human teeth that were stained with tea and coffee. After 12 hours of cleaning, the teeth were 50 percent whiter than those that were brushed normally. The next step is to add the powder to toothpaste.

# WHITE TEETH SURVEY

From <https://breakingnewsenglish.com/2602/260202-white-teeth-powder-4.html>

Write five GOOD questions about white teeth in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1	STUDENT 2	STUDENT 3
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

## **WRITE QUESTIONS & ASK YOUR PARTNER(S)**

Student A: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

*New powder whitens, repairs and protects teeth – 2nd February 2026*

More free lessons at [breakingnewsenglish.com](http://breakingnewsenglish.com)

---

## **WRITE QUESTIONS & ASK YOUR PARTNER(S)**

Student B: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

# WRITING

From <https://breakingnewsenglish.com/2602/260202-white-teeth-powder-4.html>

Write about **white teeth** for 10 minutes. Read and talk about your partner's paper.